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STYLE  
SCHOOL GIRL  
GOES OFF TO  
WORK {page 62}



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Weekend, November 10-13, 2011  
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News worth sharing.

Solemn. Pause



► Hans Brink and Nancy Brink of St. Albert stopped on Wednesday to visit the crosses that line Memorial Drive. The crosses represent fallen soldiers from the Calgary area.

CANDICE WARD/FOR METRO

## Remembering the fallen

Calgarians will be paying their respects to Canadian soldiers past and present at Friday's Remembrance Day ceremonies across the city. For more Remembrance Day coverage, see pages 8, 10, 22 and 23.

# Further tax hike may be looming

► Current tax increases still don't create enough funds to keep city services going ► Budget deliberations begin on Nov. 21



KATIE  
TURNER  
@METRONEWS.CA

Despite council approving an indicative tax rate months ago, some aldermen are advocating for a higher hike after reviewing the city's proposed three-year budget.

Ald. Gord Lowe said they are facing cuts to the services Calgarians identified as being most important to them during an \$800,000 consultation process.

"Yes, I am disappointed. I think we can do better for Calgarians in the longer term," said Lowe, adding potential reductions in items such as transit hours and city snow clearing are not acceptable to him.

"What Calgarians told us, in my view, very plainly was we want the same level of service we got in 2011. Spend smarter. And we can do that."

### By the month

► **Homeowners.** The indicative tax rate previously set by council would see an increase of roughly \$5.50 per month in 2012 for the average homeowner and \$5.90 and \$6.70 for the following two years.

► **Monthly increase.** Utilities including water, wastewater, waste and recycling could increase monthly by \$5.42 in 2012, \$8.09 in 2013 and \$8.84 in 2014.

► **Transit reduction.** A service reduction of 40,000 hours to Calgary Transit is proposed.

Lowe suggested his previous suggestion — a tax hike of eight per cent in 2012, followed by six per cent jumps in each of the next two years — may merit revisiting. Ald. Diane Colley-Urquhart said

**"What Calgarians told us, in my view, very plainly was we want the same level of service we got in 2011. Spend smarter. And we can do that."**

ALD. GORD LOWE

she too feels the proposed budget doesn't reflect citizen requests.

"(Calgarians) said they were willing to pay for these things if it was reasonable and we could justify it."

Mayor Naheed Nenshi said the cuts are relatively modest with the tax rate that's already on the table.

"As I've gone through it, I'm extremely comfortable that we'll be able to come in at that level with minimal impact to people's services. But we will have to have a debate on a few areas."



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news



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**Buddy and Pedro, the Toronto Zoo's same-sex penguin pair, have become an online sensation. Watch video of them at metronews.ca/video**

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# Police to swap crime info

- ▶ Integrated system with other jurisdictions to be piloted in Calgary
- ▶ Group concerned about privacy



JEREMY NOLAÏS  
@METRONEWS.CA

Calgary police will be first in the province to bridge a technology gap with other agencies, allowing them to better target criminals who operate across various municipal boundaries.

The much-awaited Alberta Police Information Initiative (API3) will be rolled out locally next spring allowing officers to gain real-time updates on suspects and persons of interest sought in other jurisdictions, said Solicitor General Jonathan Denis.

"Right now, let's say you commit a crime in Fort McMurray and then come down that day to Calgary and a police officer pulls you over, there is nothing to indicate you committed a crime," he said. "This system puts all that information at police fingertips."

First proposed in 2006,

the API3 system has long been a target for criticism by privacy advocates demanding a privacy impact assessment be made public.

"There is no indication of how data is going to be collected, how it's going to be stored," said Kelly Ernst with the Rocky Mountain Civil Liberties Association. "There are a number of scenarios you can imagine where Calgary police pass information onto RCMP that (may be) inaccurate, they forward it to border services and you can't cross into the U.S."

But Calgary police acting Staff Sgt. Ryan Jepson said those fears are unwarranted as the system will only contain information already collected by individual agencies.

"The benefit is that we are sharing that information," he said. "The security of that information is paramount."

## Benefits of API3



▶ Jonathan Denis

▶ Police can currently phone for information about suspects wanted by other agencies, but Solicitor General Jonathan Denis said the process is tedious and typically doesn't happen during standard pullovers.

▶ The Alberta Police Information Initiative database costs approximately \$65 million and will be incorporated across 12 police agencies by 2013.



▶ Calgary police will soon have better information on suspects at their fingertips faster, thanks to new technology.

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## District offices on cops' chopping block

► Police service asking for additional funding to add more officers in the next three years ► A proposed base reduction of \$5.1 million would mean 45 officer positions are lost, says commission chair



In the face of a tight city budget, the police say even if council votes in favour of restoring a proposed cut of more than \$5 million, district offices will be closing their doors.

Chair of the Calgary Police Commission Mike Shaikh said there is no way they can swallow a cut of \$5.1 million that the city is proposing.

"The Calgary Police Commission feels current service levels are unsustainable at the level of

**122**  
The police are seeking funding that will allow them to hire 122 new officers in the next three years.

funding suggested," he said. "Doing a good job should not be punished."

In addition to requesting that the funding be restored, the service is seeking additional officers over the next three years.

Calgary police Chief Rick Hanson said Wednesday

they were able to find efficiencies, as requested by council, but they are not willing to halt the growth of the force.

"The major efficiency we identified was that of developing an entirely new deployment model which cut our district offices down from eight to five," said Hanson. "In the process of doing that, it allowed us to maintain our street-level strength by cutting some administrative positions."

Mayor Naheed Nenshi said he's hoping the province will step up to help fund additional officers.

## Bronco gears up for U.S. envoy stint



Forging strong relationships and telling Alberta's tale are top priorities for a former Calgary mayor set to represent the province south of the border.

Dave Bronconnier, who served atop Calgary's city council for three terms, was officially named Alberta's trade envoy in Washington Wednesday for a term of nine months.

"We have a story that is second to none and we should be out there selling that message," he told reporters.

The appointment comes as further U.S. reviews of Alberta's much-debated Keystone XL pipeline threatened to delay the project up to 18 months and put its development in jeopardy.

Premier Alison Redford said that matter is out of



her government's hands, but is confident Bronconnier will represent the province's values well on the international stage.

"He has a proven track record for success and he's an advocate that really can make a difference, both in the country and around the world," she said.

Bronconnier was criti-

### Temporary

- The annual salary attached to Alberta's trade envoy position is pegged at roughly \$264,000.
- The position was previously held by Gary Mar, who ran an unsuccessful campaign for the Tory leadership spot and has since been appointed as envoy to Hong Kong.
- Bronconnier plans to travel to the U.S. Sunday to meet with Premier Redford during her planned East Coast tour.
- He maintained Wednesday that the posting is only a temporary job and he has no intentions of reigniting political aspirations.

cal of the Tory government during his stint as mayor and unsuccessfully ran for the federal Liberals in 1997. But Redford said the appointment was based solely on merit.

## Victims become dependent on their abusers, Paxton trial hears

An expert on human captivity testifying at a torture trial says abuse victims often become so dependent on their attackers they are unable to leave the situation.

"They're powerless, helpless. This is what they are stuck in. They have to make do. They have to focus on keeping the captive happy and live moment to moment," Dr. Kris Mohandie said Wednesday.

Mohandie is a Los Angeles-

based criminal psychologist who has worked with the L.A. Police Department and the FBI on cases involving O.J. Simpson and filmmaker Stephen Spielberg.

He is the final witness for the Crown in the trial of Dustin Paxton, 31, who is charged with aggravated assault, sexual assault and forcible confinement. It's alleged Paxton beat and tortured a former roommate and business

partner over a two-year period.

The 28-year-old alleged victim has testified that he was starved, humiliated and beaten — sometimes severely — on an almost daily basis. Court has heard he was battered, bruised and emaciated when he was dropped off at a Regina hospital in April 2010.

"It fuels their perception that there's no way out," he said. **THE CANADIAN PRESS**

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## Hopley ruled fit to stand trial

A man accused of abducting — and then returning — a three-year-old boy in Sparwood, B.C., has been found fit to stand trial.

Randall Hopley, 46, made a brief appearance in provincial court in Cranbrook yesterday by video link from a jail in Kamloops.

He's accused of

kidnapping Kienan Hiebert from his bed on Sept. 7.

The boy was held for several days before being returned to his home unharmed after an emotional appeal from his parents.

Hopley was captured Sept. 13, hiding in an abandoned cabin by a gravel pit in Crowsnest Lake, Alta.

He appeared neat, clean and much healthier during the video appearance than he did at his last court date.

THE CANADIAN PRESS

## Few parents favour Grade 3 testing

Most Calgary parents dropping their little ones off at school yesterday said they would support eliminating Grade 3 provincial exams.

This came following a vote by Edmonton's public board Tuesday night to support Premier Alison Redford in her campaign promise to revisit how Alberta's youngest students are evaluated.

"I think they are a waste of time, personally," said Samantha March of the tests often used to gauge overall educational trends.

Her son is in kindergarten and she isn't sure subjecting him to stringent testing in three years is wise.

"They are lumping kids in one category when it comes to gauging how they learn," she added.

Father Kevin Low agreed. "They are way too young for all that," he said.

Other parents told Metro they would favour

**12** Calgary students writing provincial exams last year exceeded the average in 12 of 13 subjects in what is deemed the acceptable standard. They exceed the exceptional standard, reserved for students with marks near the top of their class, in 11 of 13 areas.

smaller tests over an extended period of time or more hands-on evaluation.

Calgary Board of Education trustee Pamela King said the board has yet to discuss the issue and recalled former education minister Dave Hancock stating the tests would only be removed if a viable evaluation process replaced them. "I know there are just as many arguments for it as there are against it," she said. "It would be a very interesting debate." ● JEREMY NOLAIS



► Calgary teacher Kate McKenzie will be taking a trip to eight different countries seeking inspirational tales to show her junior high students there are positive news stories.

## Teacher taking youth on global field trip

► Students at Alice Jamieson Girl's Academy have been creating their own inspirational videos ► Film fest will be held Dec. 1 at the school



KATIE TURNER  
@METRONEWS.CA

### Details

► Kate McKenzie has already begun posting "Inspirational Monday" videos on her YouTube channel.

eight-country tour, posting videos along the way of global community leaders making a difference.

"The first phase is I wanted to show what was happening in my own backyard," said McKenzie, who has assigned her Grade 8 students a video

► She plans to post new videos every Monday during her trip.  
► More information and links to McKenzie's social media pages can be found at worldviewsproject.com.

project to seek out leaders in Calgary.

"The project has really taught me to stay positive and it's really inspiring to see people who are trying to make Calgary a better place," said student Ambra Agricola, 13, who is profiling a firefighter and para-

medic in her video.

"She helped us realize that change doesn't just take thought, it takes action and inspiration," added Farva Zafar, 13. "You can't just think about what you want to see changed, you have to do something about it."

McKenzie said she hopes her students follow her primarily self-funded journey to countries such as Colombia, Iran and Vietnam and realize good news is all around.

"This is the biggest field trip I can take them on."

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# Bros head to Ottawa to honour grandpa

► Pair leave this morning for nation's capital ► Their grandfather served in Italy during the Second World War



**KATIE TURNER**  
@METRONEWS.CA

This year will mark the first Remembrance Day Spencer and Nolan Madden spend without their grandfather, but the two are making a trek to keep his memory alive.

When their war-veteran grandfather Donald Kwasny passed away in January at the age of 91, the brothers knew immediately they would make the trip to Ottawa for the national Remembrance Day ceremony.

"Every year, my little brother and I would suit up and go down to the ceremony with him," said Spencer, 21. "He always appreciated it.... You could always tell he was

really happy that his two grandsons were there. This past year, when it was getting pretty close, he knew he was dying, he told us, 'You boys should go to Ottawa.' So we are."

After making a few calls, the two learned they would be laying a wreath at the ceremony.

They were given the choice to purchase a wreath but opted to make one using photos of both their grandfather and grandmother Frances, who passed away 10 years ago and who served in the Women's Auxiliary Corps during the war.

The two went hiking to collect distinctly Albertan items like wild roses to include in the wreath.

"I think it's important to remember and honour

them.... They went through it so we didn't have to," said Nolan. "He was a hero to us both."

## Local ceremonies

Remembrance Day ceremonies will be taking place across Calgary.

- The Military Museums ceremony begins at 10:50 a.m.
- The Southern Alberta Jubilee Auditorium ceremony starts at 10:30 a.m.
- Central Memorial Park will hold a ceremony at 11 a.m.
- A ceremony at Battalion Ridge will start at 9 a.m.



► Brothers Spencer, left, and Nolan Madden hold photos of their grandparents. The photos will be incorporated into a handmade wreath that the brothers plan to lay in Ottawa during the national Remembrance Day ceremony.



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# Ex-fighter pilots relish unlikely reunion

► **Friendship forged flying dangerous nighttime missions over Europe in Second World War**

## 409 Squadron

- When they first joined up, Lloyd Jones was just 18 and Evert Hermanson was 22.
- During their time in 409 Squadron, they took part in combat missions over Scotland, England, Holland and Germany.
- Their plane was the Mosquito and missions were conducted at night. Jones said he feared shooting down an Allied plane almost as much as running into enemy aircraft.
- Hermanson said the unit was 26 pilots strong at the start of the war, but he estimated five or fewer from that group are alive today.



**JEREMY NOLAIS**  
@METRONEWS.CA

Risking their lives in the skies over Europe during the Second World War, they knew each other simply as Junior Jones and Hermie.

Formal names weren't important at that time, but the bond formed on the battlefield certainly was.

"We were very tight," Junior, whose real name is Lloyd Jones, recalled yesterday. "We swapped all sorts of stories."

After the war, life went on and the pilots of 409 Squadron went their separate ways.

"I kept in touch with a few guys but most of them are gone now," said

Hermie, known formally as Evert Hermanson.

Then, about three months ago, the pair experienced a one-in-a-million chance reunion nearly 70 years in the making at a northwest Calgary seniors' residence.

"We were at a breakfast table," Jones said. "Herm came up and they said, 'This is Lloyd Jones, he flew airplanes.' Herm said, 'What kind?'"

The men quickly realized they were long-lost comrades.

"I didn't even know his name until I got here," Hermanson said with a laugh.

Now the duo spends time together at the Lodge at Valley Ridge swapping stories just like the old days, filling in the seven-



► Lloyd Jones, left, and Evert Hermanson share memories of some photos of their service in the Second World War in Jones's room at the Lodge at Valley Ridge.

decade gap since they last saw each other.

"The chances, I don't

know, very slim I guess," Hermanson said of their reunion.

Jones agreed. "It's by luck I ended up here," he said.



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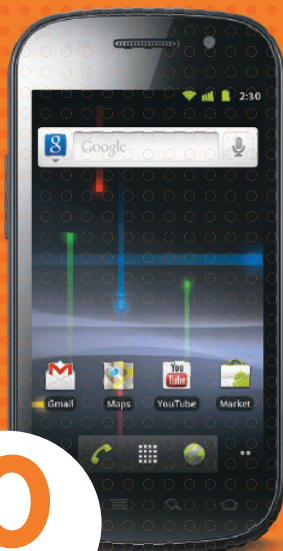


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## ELECTRICITY IMPORTS

**TransAlta must refund consumers, NDP insists**

The New Democrats want the Alberta government to force a company that manipulated electricity imports to reimburse consumers.

TransAlta Corp. has admitted it restricted imports of cheaper electricity last November, which drove prices up. The Industrial Power

Consumers Association of Alberta estimates that TransAlta's conduct cost Albertans an extra \$4 million on their power bills.

The corporation and Alberta's electricity market watchdog are proposing that TransAlta should pay \$370,000 in penalties.

NDP Leader Brian Mason says Albertans deserve to be paid back in full. Mason says people depend on affordable electricity and he's called on the government to step up regulation of the power market.

THE CANADIAN PRESS

**RCMP probe butchered cow case**

Police have received a complaint that a young cow was killed and partially butchered on grazing land in southern Alberta.

Fort Macleod RCMP say

it's not clear how the animal died, but it may have been shot with a gun.

The cow appears to have been dead for three or four days.

The RCMP have opened a mischief investigation.

Anyone with information that could lead to a suspect is asked to contact them.

THE CANADIAN PRESS

# Stampeding against the Esks



► Stampeder superfans, from left, Belinda Mitchell, Connie Fekete and Tanya Zolis prepare for Sunday's big game.

- Winner goes on to play B.C. Lions on Nov. 20 in Vancouver
- Game time is 2:30 p.m. Sunday

**CANDICE WARD**  
CALGARY@METRONews.CA

There is a stampede about to hit the so-called City of Champions.

That sound of hooves being heard throughout Edmonton this weekend will not be sounds from the Canadian Finals Rodeo, but of the Calgary Stampeder and their fans coming to trample the Eskimos during the CFL Western Semifinal Sunday.

"You hear those hoof beats? That is the Stampeder. We are coming for you (Edmonton)," said Connie Fekete, Stampeder superfan.

Fekete, her bright red wig and other fans in tow, will be making the trip up

**Tit for tat**

- The Stampeder are 6-3 on the road this season.
- The Eskimos are 6-3 at home this season.

to Edmonton to watch the Battle of Alberta, and the battle for a spot in the Western Final, unfold Sunday. "I think it is going to be very close, but the Stamps will pull it off," said Fekete.

Fekete is not the only one feeling confident about Sunday's game.

"I am excited about it and I just look forward to winning," said Drew Tate, Stampeder starting quarterback.

The Stamps have won the past three games since Tate has started.

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## Contest Rewind

### The Breast Summer Ever

**THE BREAST SUMMER EVER**

**90.3 AMP RADIO.** With a \$10,000 breast-augmentation procedure

offered up as the grand prize, AMP drew criticism in mid-July for its contest, which some deemed sexist.

Vandals even pasted decals onto the exterior of the station's headquarters. Eventually, the station was able to score brownie points by crowning transgender local musician Avery Mitchell its winner.

### Upgrade Your Spouse

**CJAY 92.** Started last month, CJAY has left the

grand prize up to listeners, but suggested everything from plastic surgery to botox to cooking lessons.

Winners seeking to "get the trophy wife — or hubby — you've always wanted" are currently being chosen every Friday morning until December.

### Win A Wife



**100.3 THE BEAR.** Launched Aug. 22, the contest offered 13

nights' accommodation in Russia, return airfare and service courtesy of A Volga Girl, a company specializing in matchmaking and marriage support services.

The contest drew heated criticism from then-Employment Minister Thomas Lukaszuk and eventually changed its name to Win A Russian Romance.

● METRO

▶ Radio stations in Alberta and around the country bumped it up a notch this summer in provocative — and, in some listeners' eyes, questionable — listener contests.



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## ► Breast augmentation, mail-order brides among prizes offered up by Alberta stations this summer ► Balance between provocative and offensive is a 'fine' one, professor says



**JEREMY NOLA**  
@METRONEWS.CA

Radio contests asking listeners to eat dog food, live in prize vehicles or plan a dream wedding are being pushed aside in favour of new offerings that delve into morally grey areas, say Calgary personalities and industry observers.

"It used to be 'Hey, you can win a man-cave with a motorcycle and a weekend in Vegas with the boys,' but that stuff's been done," explains Buzz Bishop, a former morning host at 90.3 AMP Radio who now works with XL 103. "This is the place that really hasn't been done a lot — the personal side of things."

AMP seemed to ignite debate over radio-contest boundaries in July with a contest offering up breast augmentation as its grand prize. That was followed by

a mail-order-bride contest in Edmonton that drew international scrutiny and CJAY 92's most recent offering, titled Upgrade Your Spouse.

Chad Martin, operations manager for CJAY's owner, Astral, said the contest doesn't fall into the same category as its predecessors because entrants are free to select their own prize. But the station has listed some suggestions of its own on their website — everything from Botox treatments and sex-drive enhancements to cooking classes.

"I think any time you have an overcrowded radio market, sure, radio stations want to do things to

grab listeners but that goes beyond edgy promotion," Martin said. "You still have to have great music, strong personalities and a strong brand."

David Finch, assistant professor or marketing at Mount Royal University's Bissett School of Business, deemed the contests an extension of increasingly provocative reality-television content.

"When you talk about stations that are going this route, they are trying to find that fine balance between edginess, cutthroat and building awareness for their station, but not doing so in a manner that would alienate their core listeners," he said.

While the jury on edgy contests is still out, some risky moves by Alberta stations have backfired in recent weeks. Edmonton's K-97 was recently forced to tear down billboards showing a woman's breasts clad in a white T-shirt with the catchphrase "Pray for rain."

AMP in Calgary was also scrutinized last week for telling listeners the thing worth remembering this Remembrance Day is a party at the Roadhouse nightclub the night before.

Both Bishop and Martin admit stations are treading carefully when it comes to pushing the envelope.

"There is a point where publicity can be bad but then you have to wonder if they are really in your target audience to begin with," Bishop said.

"Where does it go from here?" he added with a chuckle.

## Contests can cause strain on couples

Participating in radio contests where relationships and physical enhancements are the focus could create tension for some couples, warns a Calgary counsellor.

Brenda Duncan said an offering like CJAY 92's Upgrade Your Spouse has the potential to stir up self-conscious issues felt by a spouse.

"My first thought was 'What do you mean? Buy a new model?'" she said after learning of the contest. "I would be concerned with how serious people take it."

Duncan did specify that open dialogue on how to improve a relationship is always healthy, but she wasn't sure broadcasting it on public radio was necessary.

● METRO

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# Be prepared for massive quake

- ▶ Top geophysicist says training will reduce fatalities
- ▶ Improved earthquake-hazard maps provide protection

Canada could expect a major earthquake at any time and a top geophysicist says it should prepare itself if it is to avoid the kind of disasters that befell Japan, Italy and China in recent years.

John Cassidy, head of earthquake seismology at the Geological Survey of Canada, says large earthquakes have hit parts of Canada numerous times — and will again.

"Certainly we could expect an earthquake at any time and should be prepared for a large earthquake at any time in Canada," Cassidy said in an interview prior to delivering a lecture at Carleton

## Vulnerable

▶ He says the most vulnerable region is the West Coast, which has been hit with giant, magnitude-9.0 quakes 13 times in the last 6,000 years, the last of them 311 years ago.

▶ B.C. is in the window in which a massive earthquake is more likely to occur, he says, but he acknowledges that window spans 200 to 850 years.

University. "We've seen many over the years, going back in time."

Predicting earthquakes with any degree of consistency, Cassidy says, re-

mains next to impossible.

"Unfortunately, we cannot predict earthquakes, either here or anywhere," he said. "There's no consistent, successful way to predict exactly when earthquakes will occur and how large (they will be)."

The only thing people can do is be prepared, he says.

Canada is identifying vulnerable areas, estimating potential magnitude, frequency and type of quakes. Using that information, planners can draft appropriate building codes and construct quake-resistant infrastructure to minimize the damage.

THE CANADIAN PRESS

## Occupy. Protests



▶ Mathieu Martin struggles with a sheet of plywood as he moves his tent to a new location at the Occupy Montreal protest in the financial district yesterday. The city is now forbidding the construction of any wooden structure.

PAUL CHIASSON/THE CANADIAN PRESS

## Officials say it is time to move on

Toronto Mayor Rob Ford yesterday said residents and businesses have "had enough" of Occupy Toronto protesters and it's time to ask them to leave. Officials in Vancouver, Victoria and Calgary have also made plans to start removing camps while Regina's protesters have been asked to leave voluntarily. In Edmonton, campers on land owned by a private company have been asked to leave and the mayor has talked about cutting off their power. Halifax campers cleared out on their own.

## Older Canadians embracing social media

Older Canadians are increasingly following their younger counterparts into the world of social media, a

new poll suggests.

The Harris-Decima survey conducted for The Canadian Press indicates that 68

per cent of those asked used social media in 2011, up from 57 per cent two years ago. THE CANADIAN PRESS

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## Jailed blogger's mom goes on hunger strike

HASSER NASSER/THE ASSOCIATED PRESS

The mother of a prominent blogger jailed by Egypt's ruling generals has gone on a hunger strike to protest her son's detention and the military's increasingly heavy-handed approach against critics.

The strike by Alaa Abdel-Fattah's 55-year-old mother could turn into a major embarrassment for Egypt's military three weeks ahead of landmark parliamentary elections, the first since the uprising that toppled long-time leader Hosni Mubarak nine months ago.

Military prosecutors ordered Abdel-Fattah, 29, detained for 15 days on Oct. 30 after he refused to answer questions over his alleged role in sectarian clashes three weeks earlier that killed 27 people, mostly Christians. His detention is widely viewed as an escalation in the military's drive to discredit activists who played a key role in the revolt.

Abdel-Fattah, who comes from a family of activists, is an icon of the 18-day uprising that ended Mubarak's



▶ Professor of mathematics Leila Soueif, mother of Alaa Abdel Fattah, is seen in her office at Cairo University in Cairo in this 2006 file photo.

29-year regime, and has been critical of the generals as well as Field Marshal Hussein Tantawi, the nation's military ruler. Abdel-Fattah's wife, Manal Hassan, is expecting the couple's first child, a baby boy, later this month.

A pair of blog entries written by Abdel-Fattah smuggled out of jail and posted online by his wife paint a picture of a man who refuses to be lionized for standing up to the military. In the posts, he expresses disgust for the

conditions at the prison, complains of boredom and remains unwavering in his loyalty to the goals of the uprising.

In an entry dated Monday, he joined calls for a massive demonstration on Nov. 18 to protest the military's attempts to introduce clauses in a new constitution that would shield it from civilian oversight and give the armed forces a "guardianship role," language that suggests having the final word on national policies. THE ASSOCIATED PRESS

# Polar opposites?

► Which animal should be Canada's proud national symbol? The beaver or the polar bear? ► Metro Ottawa managing editor Sean McKibbon and Metro Winnipeg managing editor Elisha Dacey discuss the pros and cons ...

## TEAM POLAR BEAR

ELISHA DACEY  
METRO WINNIPEG



## TEAM BEAVER

SEAN MCKIBBON  
METRO OTTAWA



PHOTO ILLUSTRATION/DAVID VAN DYKE/METRO

**Sean:** Polar bears are too intimidating to be Canada's national symbol.

**Elisha:** There's nothing wrong with Canada's new symbol being a little more intimidating than the beaver. We can't be a nation of apologetic fur-trappers with big teeth forever, plodding along like a wet oversized rat.

**Sean:** The beaver is the entrepreneur and engineer of the animal kingdom.

Hardworking industrious and clever, the beaver launched not one, but two national retailers, HBC and the Northern Store. It taught humans about the lumber industry, the fur trade and how to build hydroelectric dams.

Who would you rather have as a role model for

kids? A Coca-Cola-swilling albino bully who gets his kicks killing cute baby seals and making Sir Paul McCartney cry before he heads down to the Churchill dump to scavenge for parts for his Trans Am, or an industrial tycoon? It's Trailer Park Boys vs. Dragons' Den here and the beavercapitalist is coming out on top.

**Elisha:** We need a symbol that shows our strength, our pride, and matches the majesty of our beautiful country. Not one that shows off our flabby belly.

The polar bear is a fuzzy-pawed survivalist. Able to live through the harshest of conditions, the polar bear is so hardcore it can take on a beluga

### The question that sent readers all a-Twitter



► Who's better? The polar bear or the beaver?

- @flangela\_lyne: I'm #TeamBeaver! What would Canada be without the famous #Beavertails? Do we want our symbol to be a bar shot? #polarbear
- @destinfall: I'm Team Beaver.
- @OliviaJonesQMFM: Polar bear!
- @ImperialUedi: Team Polar Bear!

whale. There's no cozying up in a den to sleep through the winter like most bears. They tough it out. They survive in the open tundra. They're at

- @ilockitdown: I wish there was a #TeamMoose
- @DayaCounselling: Team Beaver! They're on our 5 cent coins. Plus they cut down trees with their teeth! That's just awesome! ^NS
- @Myles\_Burke: Polar Bear. I don't think that we need to purvey ourselves so passively (as beavers) all the time.
- @Wanitalund: I'm neither, I want a Moose

the top of the food chain. And they're good-looking, to boot. It's an image Coca-Cola is smart enough to cultivate. Being clever and industrious is fine for side-

kicks. Being majestic, fearless and quietly strong is better for leaders.

**Sean:** I'll take an animal who builds a safe, sturdy house for his family and sticks around to raise his young over one that leaves a trail of single bear mothers who are forced to burrow into a snow bank to find a place to hibernate with their kids.

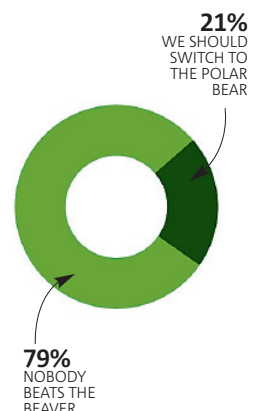
Beavers are dam fine animals.

**Elisha:** Like I said, polar bears are survivors. They can make a home out of anything, even a snowbank, and Mama is fierce enough to raise her cubs on her own.

And I'm pretty sure they wouldn't mind munching on a tasty beaver — spitting their pelts out as they go.

### What you say

In a clash of nationally symbolic titans, which corner are you in?



# He's back from the brink of death

As Minhaj Gedi Farah lay silently on a hospital bed three months ago, even his mother had given up hope that the skeletal Somali baby would live.

But now, after intensive feeding, Minhaj has been transformed into a chubby-cheeked boy.

His amazing recovery was highlighted yesterday at a New York fundraising event held by the aid group International Rescue Committee, which helped nurse him back to health.



► Last July, then seven-month-old Minhaj Gedi Farah weighed a pitiful 3.2 kilograms.

Famine has killed tens of thousands of Somali children this year. But the United Nations says food aid is now getting to 2.2

million of the four million Somalis who need it.

"His mother never thought he would recover. Every member of his fami-

ly is happy," said Sirat Amin, a nurse-nutritionist with the International Rescue Committee. "He can sit without being supported ... he's crawling."

Last July, seven-month-old Minhaj weighed only 3.2 kilograms, less than some newborns. Pictures of his gaunt cheeks and bulging eyes made him the face of the famine.

Now he's nearly eight kilograms, almost normal for a boy his age.

THE ASSOCIATED PRESS



► Just look at him now: Little Minhaj is held by his mom, Asiah Dagane, at a hospital in Kenya.

IRC/THE ASSOCIATED PRESS

# U.S. lawyer sentenced over plot to kill wife

► Steele, who represented white hate group in 2000 trial, to serve 50 years in federal prison for hiring man to murder wife, mother-in-law

An Idaho attorney who once represented the white-supremacist Aryan Nations group was sentenced yesterday to 50 years in federal prison in the failed plot to kill his wife and mother-in-law.

Edgar J. Steele wanted the women dead so he could collect on an uninsured-motorist insurance policy and be free to pursue a relationship with a woman from the Ukraine, prosecutors said.

He paid \$10,000 in silver to another Idaho man who agreed to kill the women, authorities said.

**"Through his conduct, including his attempts to influence a witness, Mr. Steele earned every month in prison to which the district court sentenced him."**

U.S. ATTORNEY WENDY OLSON

The would-be hit man, Larry Fairfax, testified during Steele's trial that he accepted the silver because he was desperate for money, but never intended to carry out the plan.

Steele, 66, was convicted in May. He was sentenced by U.S. District Court Judge B. Lynn Winmill.

Steele, who represented Aryan Nations and

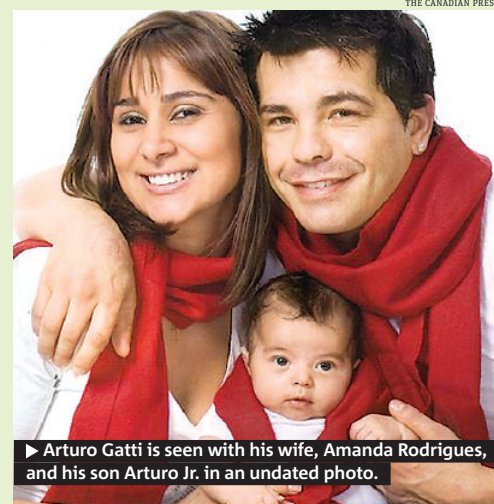
founder Richard Butler during the 2000 trial that bankrupted the hate group, has always denied trying to kill his wife, and Cyndi Steele continues to support him. He told the court yesterday he was the victim of a government conspiracy because of his political views.

"There is no justice today in America for the po-

litically incorrect," Steele told Winmill. "I am a political prisoner."

Fairfax, 50, confessed to attaching a pipe bomb to Cyndi Steele's vehicle, but said he rigged it so it wouldn't go off. It was discovered when she stopped for an oil change shortly after her husband's arrest. An explosives expert said it could have detonated.

Fairfax, who worked for Steele and his wife at their ranch, went to the FBI and agreed to carry a hidden recording device to capture conversations about the plot. **THE ASSOCIATED PRESS**



► Arturo Gatti is seen with his wife, Amanda Rodrigues, and his son Arturo Jr. in an undated photo.

## NO EVIDENCE OF MURDER IN BOXER'S DEATH: REPORT

A Quebec coroner's report into the 2009 death of champion boxer Arturo Gatti says there's no hard evidence anyone killed him.

Gatti, a Canadian boxer nicknamed "Thunder" who rose to fame in the U.S., died at a Brazilian resort in 2009.

The long-awaited report by Jean Brochu was released yesterday and was critical of the original police investigation, noting shortcomings in the U.S. findings.

Brochu's conclusion was that Gatti died a "violent death," but foul play is not believed to be the cause of death. The probable cause of death was listed as asphyxiation by neck constriction.

"Much of the debate surrounding the circumstances of the death re-

volved around the question of whether a third party was involved in Arturo Gatti's death," Brochu wrote.

"The conclusion of the Montreal pathologists to the effect that there is no clear evidence of foul play in Mr. Gatti's death means I cannot dismiss the formal conclusions reached by the authorities of the country where it occurred."

An investigation by Brazilian authorities had ruled the death a suicide. A private investigation ordered by one of his handlers later ruled Gatti's death was a homicide.

Brochu's report says the mishandling of forensic evidence makes it difficult to conclude with certainty what happened. **THE CANADIAN PRESS**

**Demonstrators. Push back**



► Thousands of students marched through central London Wednesday to protest cuts to public spending and a big increase in university tuition fees. Police said there were "a number of arrests for public-order offences," but the march was largely peaceful.

## Protest erupts in London over spending cuts

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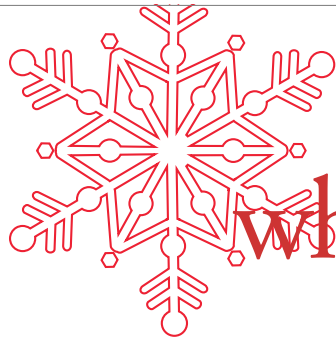
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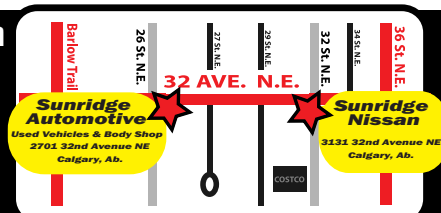
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WEEKEND, NOVEMBER 10-13, 2011

PEGGY FAGERSTROM/THE ASSOCIATED PRESS



► This storm's fun! Children play in sea foam near the harbour in Nome, Alaska.

# 'This is not a normal storm'

► Western Alaska battered ► Residents fear sea surge

One of the most powerful storms to hit western Alaska in nearly 40 years battered coastal communities yesterday.

Hurricane-force winds forced residents to seek higher ground as the storm knocked out power and ripped up roofs.

As the storm churned the Bering Sea between Russia and Alaska, people braced for a possible surge of sea water into coastal communities.

"People out there are

### Great gusts!

► The highest wind gusts recorded — 142 km/h — were at the western tip of the Seward Peninsula, said Bob Fischer, lead forecaster for the National Weather Service in Fairbanks.

used to extreme weather, but this is not a normal storm," said Jeremy Zidek, a spokesperson for the state's emergency manage-

ment agency.

"This is of a magnitude that can be a storm of record, extremely dangerous, and the state is treating it as such."

Water had reached homes in at least four native villages, including Tununak and Kipnuk, state emergency managers said.

Zidek said no injuries had been reported, and damage so was largely limited to blown-out windows and battered roofs.

THE ASSOCIATED PRESS

### HYDROELECTRICITY

## Court OK's Brazil's giant dam

A Brazilian court said yesterday that construction of one the world's largest hydroelectric dams can proceed without additional consultation with indigenous communities.

Federal prosecutors had filed a motion calling for suspension of construction of the Belo

Monte dam in the state of Para until indigenous groups are consulted. But in a 2-1 vote, the court upheld the decree issued by Para state authorizing construction.

The federal prosecutors' office in Para said in a statement it will go to the Supreme Court to appeal the ruling.

"All the studies made arrive at the same conclusion: the dam will provoke drastic changes in the food chain and livelihood of the indigenous communities," the statement said.

THE ASSOCIATED PRESS

## 11/11/11 is their day

A set of twins from Wisconsin have high hopes for Friday: They will be celebrating their 11th birthday on the 11th day of the 11th month of 2011.

Betsy and Katie Overman are making plans: Maybe they'll go to school and stay for just 11 minutes.

Reports say an aunt has already given them 11 bags, each containing 11 little presents.

THE ASSOCIATED PRESS



# WISH for the perfect gift



1



2



3



4



5



6



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8



9



10



11



12



13



14

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15

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**Lasting impact**

► **Education.** Canadians have built a total of 26 schools, another 27 are under construction. Prior to 2001, only 700,000 students, all of them boys, were attending school. Today, more than 2.2 million girls, over a third of all students, are in school.

► **Dahla Dam.** Over 2,012 jobs have been created in the rehabilitation of the dam. Once completed, 80 per cent of Kandaharis who live along the system will have access to a

secure water supply to stimulate agricultural production.

► **Polio-eradication initiative.** Canada is the single largest donor to polio eradication. Over 7.8 million Afghan children continue to be vaccinated against polio, including approximately 400,000 in Kandahar province.

► **Route Hyena.** This signature project was built to give residents of western Panjwaii greater freedom of movement, and improve their access to schools, markets and local government.

# How will we be Remembered?

► Metro takes a look at Canada's legacy in Afghanistan ► Decade in war-torn country cost 162 Canadian lives – 158 military personnel and four civilians

## NO MISTAKE

TERRY GLAVIN  
FOR METRO



That Canadian soldiers were able to hold Kandahar is key to the reconstruction of Afghanistan. And it's too bad that not enough Canadians know that.

Years down the road, there will be all sorts of clever people who will be happy to tell us that our soldiers should never have been sent to Afghanistan. That's why it will always be handy to remember what it took a British House of Commons defence committee to point out, back in 2007:

"If Kandahar fell, and it was a reasonably close run last year, it did not matter how well the Dutch did in Uruzgan or how well the British did in Helmand. Their two

provinces would also, as night followed day, have failed, because we would have lost the consent of the Pashtun people because of the totemic importance of Kandahar."

Don't remember? Don't be hard on yourself. You sure didn't hear it from any Canadian parliamentary committee.

## TRAINING MISSION

### 'WE DID AN OUTSTANDING JOB ... THINGS ARE BETTER IN KANDAHAR'

**Canadian Forces Col. Mike Minor is the NATO commander in charge of the Advisory Group to the Kabul Military Training Centre (the largest Afghan army training facility).**

#### Who are the trainers?

I have a team of about 500 coalition personnel from about 10 different nations working with me. Our role is to advise Afghanistan's premier training centre where

they train up to 60,000 officers each year. That's almost the size of the entire Canadian Forces. Our aim is for this training centre to sustain the Afghan National Army ... after we're gone.

#### When will that happen?

The transition will start as early as next year. That's the key to sustaining the Afghan National Army as we move

forward. We're essentially training trainers so they can effectively train soldiers themselves.

#### What will be Canada's legacy in Afghanistan?

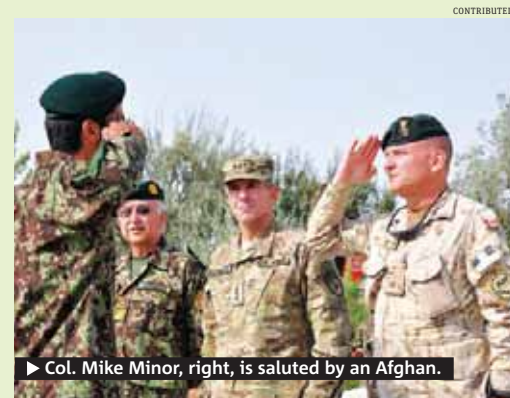
Certainly our operations in the south fighting the counter-insurgency were pivotal here. But around Kabul now, I've had many nations come up to me and say "clearly Canada has it right."

If all Canadian soldiers ever did was win the Battle of Panjwaii in 2006, it would all have been worth it.

Panjwaii was Stalin-grad. Between that summer and July 2011, fewer than 3,000 Canadian soldiers kept the Taliban at bay. U.S. President Barack Obama's "surge" of 30,000

soldiers is still having a hard time matching Canada's accomplishment.

And even now, sneers disfigure the faces of our country's clever "troops-out pundits" whenever they're reminded that millions of girls would have never gone to school had it not been for the gallant sacrifices of Canadian



► Col. Mike Minor, right, is saluted by an Afghan.

We went into the fight, we did an outstanding job and things are better in Kandahar. Now is the

time for transition ... so the Afghans can do it themselves.

● HEATHER BUCHAN

soldiers and their families.

Had Kandahar fallen, Afghanistan would have been lost to the Taliban, and you don't want to think about what would have come next.

In the years to come, millions of Afghans will fondly recall that in their darkest hour, Canadian

soldiers were watching their backs. Most Canadians still don't seem to have a clue.

.....  
Terry Glavin is the author of the newly published book *Come From The Shadows: The Long And Lonely Struggle for Peace In Afghanistan*. He has visited that country four times since 2008.



► Members of the Canadian Engineer Regiment look towards a nearby treeline after a day of operations against the Taliban on June 13, 2006, in the Panjwaii district southwest of Kandahar.

# Afghan women more visible in public life

**LAURYN OATES**  
FOR METRO

When Afghan women and girls found in December 2001 that they were no longer under state-imposed house arrest, they peered out at a country in ruins.

Taliban rule, following the three decades of war, kept women and girls shut out of schools for five years.

Since those first post-Taliban days, striking change has swept over Afghanistan. Canadian investments in education and rebuilding programs have helped hurry along the drive for learning and training opportunities.

Women have been accessing micro-credit programs like the Micro-finance Investment Support Facility for Afghanistan (MISFA), supported by the Canadian International

**30%**  
Today, about 30 per cent of civil servants in Afghanistan are women.

Development Agency. The charity Canadian Women for Women in Afghanistan has been training teachers, running adult-literacy classes and opening village libraries.

The Afghan Canadian Community Centre in Kandahar trains female students in business, computers and English, helping land them lucrative jobs immediately after graduation. The Mennonite Economic Development Associates, headquartered in Toronto, supported 3,000

women farmers in Parwan province with training and access to inputs that helped them improve their crop yields and raise household incomes.

Afghan women still face daunting challenges, including the world's highest maternal mortality rate, rampant domestic violence, underage marriage (the average female marriage age is believed to be only 15). The Taliban regularly attack girls' schools, threaten women working in the government and operate "shadow governments" in districts where they have greater control than the government, doling out punishments for "moral crimes" like premarital sex.

*Laurn Oates is the projects director of Canadian Women for Women in Afghanistan.*

## WE ASKED: HOW WILL YOU REMEMBER CANADA?

**Lotfullah Najafizada, 24**  
Journalist at Tolo TV, Kabul

"Canada has made a huge sacrifice in Afghanistan in the last decade. It has helped the Afghan people during a very tough time. We would remember Canada's support and assistance not for 10 or 20 years, but for many, many decades. Canada has a reputation as an honest and supportive friend in Afghanistan."



**Bibi Zhilla Jawid, 23**  
Senior finance assistant, UNICEF Kandahar Office

"Our family returned to Kandahar from Pakistan in 2003. We were poor, so I needed to work ... The only way I could study was at night school, but there were no female students. I will never forget the day in 2007 when I got the chance to enrol in a school supported by Canada, the Afghan Canadian Community Centre in Kandahar. I took English classes there and the people were kind. I then graduated, with 11 other girls, in business management, and that is the greatest gift that Canada could give me. I was given my certificate in front of everyone. For this, we'll remember Canada in our hearts."



**Dr. Mohammad Shafiq Faqeerzai, 35**  
Surgeon at Aliabad Teaching Hospital, Kabul

"The people of Afghanistan really appreciate the efforts of Canadians towards the rehabilitation of our country. Despite having thousands of Canadian Forces in addition to the other international forces, our security is getting worse. Poppy cultivation and trafficking is still happening. The people do not feel safe even in the capital. Nevertheless the people of Afghanistan will remember the Canadians, especially as they continue to build the capacity of the Afghan National Army, and especially if they help build this country into something sustainable."



**Homa Sorouri, 32**  
Human resources development director, Kabul

"Canada was one of the first countries who left Afghans mid-conflict, in 2011. Canada reminds me of Kandahar because of their overall focus on rebuilding Kandahar. As a Kabul resident, of course I cannot comment on how they have done the job, but I know that Canadians were big advocates of women's rights. In all the projects they funded they were concerned with gender issues. Canadians seem to be friendly people."



### On Twitter



We also asked Twitter users to tell us how they thought Canadians would be remembered for their role in Afghanistan.

Here's what they had to say:

- **@RickCarroll:** @themetrolondon As hard working, dedicated heroes.
- **@taboada93:** @metrotoronto I think they'll be remembered for taking the time out of their lives to go and help those in need. You can't get any more pride!
- **@AutisticTomato:** @metrohalifax Afghans will remember Canadians as solid hash

smokers and friendly people.

- **@bnes211:** @themetrolondon As the ones they hate less than Americans.
- **@SkyMcLaughlin:** @metroedmonton My friends there tell me our legacy is our genuine intention to help, but sadly 10 yrs later not much has changed.
- **@TashKasves:** war is never looked back on positively.



For more Remembrance Day coverage, visit [metronews.ca](http://metronews.ca)

# From rag trade to fair trade

► Can an entrepreneur make a difference to a developing nation and still run a business? ► We asked three up-and-coming doers about their strategies ► “It’s OK to enjoy luxury goods but also to care about the world”

## The fair trade fashionista



SAFIA MINNEY  
PEOPLE TREE

Launched 20 years ago in Japan — and 10 years ago in the U.K. — People Tree works with 2,000 farmers and artisans in 15 developing countries. It supports organic farming, traditional skills and technologies, rural development and fair prices. Lovers of the label include actress Emma Watson and designer Vivienne Westwood.

### Why she started the business

“I’ve always been passionate about human rights and environmental issues. We focus on grassroots designs, and help producers with design and market access, which can triple their earnings.”

**What she hopes to achieve**  
“Buying Fair Trade is an easy way to help others.

Consumers are helping our cause simply by buying our products. It’s selfish to buy a T-shirt that has been traded in a way that doesn’t cover real cost. Most of us have bulging closets, so if you’re going to buy something new, buy it fair trade, organic or vintage.”

### How she defends making a profit

“When you’re raising money for people with little access to finance, you’re effectively running an ethical bank. Our policy is to give our suppliers 50 per cent advance payments, something which is very unusual in a trade where everything is about last-minute payments, cheap options and turnaround.”



To learn more, go to [peopletree.co.uk](http://peopletree.co.uk).

## The visionary



SHAUN PATERSON  
SHAUNS SHADES

When Shaun Paterson launched his eyewear company Shaun Shades, he had in mind the 285 million people around the world suffering from impaired vision. The company motto is “buy one, give one sight,” so that with each pair of sunglasses bought, a pair of prescription glasses is given to someone in need in a developing country.

### Why he started the business

“I’m legally blind without my contact lenses so I understand the everyday challenges caused by poor vision. It causes people to drop out of school and negatively impacts their quality of life. So far we’ve donated 5,000 pairs of glasses.”

**What he hopes to achieve**  
“Buying one pair of glasses

trades another pair into existence for someone in need. The patient goes to a clinic and a doctor will assess whether they need UV protection or correcting lenses. Eyewear is an enabler — if you can’t see, you can’t contribute to the economic development of your country.”

### How he defends making a profit

“We considered going non-profit but if we can prove that being profitable is sustainable, then the inflow of capital and number of people attracted to this type of solution will only get higher. It’s OK to be a multifaceted person who enjoys luxury goods but also cares about the world.”



To learn more, go to [shaunsshades.com](http://shaunsshades.com).

## The gem dandy



FLORENCE HILL FOR  
MADE

London, England-based Made produces jewelry and leather goods in its Nairobi workshop in Kenya, and aims to provide employment and promote ethical trade. Contributing designers have included models Kate Moss and Alexa Chung. The company’s Florence Hill explains how it’s Made.



and a bank account. Fashion can be ethical.”

### Why they started

“Nairobi locals are very skilled in making jewelry. It’s an incredibly important part of tribal life as skills and designs are passed on from generation to generation.”

### What they hope to achieve

“Made provides all employees with a housing and travel allowance, a fair wage, an employment contract, a hot meal at the workshop every day

### How they defend making a profit

“We’re pushing the fashion industry to question its ethical standards and encouraging the public to question the journey of their products.”



To learn more, go to [made.uk.com](http://made.uk.com).



ROMINA MCGUINNESS

METRO WORLD NEWS

## 60 seconds



► Giorgio Dal Fiume

## WHAT THE WFTO SAYS

**We talked to Giorgio Dal Fiume of the World Fair Trade Organization**

**What do you make of companies building a profitable brand on Third World problems?**

“We welcome all enterprises dealing with small producers as long as they respect WFTO standards. If they support small produc-

ers, then we’re happy and it’s healthy for them to make a profit. The only issue is differentiating between the claims and knowing who is respecting the fair trade standards and who isn’t.”

**Should 100 per cent of profits be given to the people involved in the process?**

“The WFTO doesn’t deal

with non-profit organizations but with entrepreneurs. We don’t look at where the profit goes as long as our standards are adhered to. Personally, I believe entrepreneurs should be free to reinvest profits as long as there is balance.”

**Overall, do you see these businesses helping develop-**

**ing countries or as a cash grab?**

“Entrepreneurs need profit and Western desires should be seen as an opportunity for developing countries. The problem is not the wishes or desires of the consumer. Trade is about satisfying these demands and it’s only normal to import what the

consumer wants to buy. They just need to handle their profits in a fair and sustainable way, promoting transparency and keeping prices fair. Nowadays, most entrepreneurs choose to be fair but in the past people used to try to squeeze and exploit producers for the lowest price and quality.”

\*vs. department and specialty stores. Styles vary by store. \*\*iPad and hot water bottle not included. Jewellery only available in select locations. Visit [www.winners.ca](http://www.winners.ca) for the location nearest you. ©2011 Winners

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# Earthquake rocks eastern Turkey

► **Journalists trapped inside collapsed hotel send text messages to colleagues asking to be rescued**

An earthquake struck eastern Turkey last night, killing at least three people and leaving dozens trapped in the rubble of toppled buildings damaged in the previous temblor, which had killed 600 people.

About two-dozen buildings collapsed in the provincial capital of Van following a 5.7-magnitude quake, though most of them were empty or had been declared unfit because they were weakened by the earlier quake.

In a grim replay of scenes from last month's quake in the same region, men climbed onto piles of debris and frantically clawed at twisted steel and

## Tents dispatched

- The Turkish Red Crescent immediately dispatched 15,000 tents and some 300 rescue workers.
- About 1,400 aftershocks have rocked the region since the massive earthquake on Oct. 23, which killed 600 and left thousands homeless.

crumbled concrete in an attempt to find survivors.

Voices could be heard calling for help from under the debris, and at least 13 people were pulled alive from the rubble in early rescue efforts, according to Turkish media.

Rescue workers used the glare of high-powered lights to work through the night. There were several aftershocks.

A small fire broke out at a hospital but all patients were safely evacuated.

One of the buildings that collapsed was the Bayram Hotel, Van's oldest and best-known hotel. It was built in the 1970s and renovated last year. Some of the guests were journalists who were covering the aftermath of the 7.2-magnitude quake on Oct. 23, which left thousands homeless and led a number of countries to send tents, blankets and other supplies to assist Turkey. **THE ASSOCIATED PRESS**

## Syrian. Infighting



► Syrian protesters prevent Abdul-Aziz al-Khair, a member of the Syrian National Co-ordination Committee, centre, and other opposition leaders from entering the Arab League headquarters where they were to hold talks with the organization's chief on violence in Syria, in Cairo, Egypt, yesterday.

AMR NABIL/THE ASSOCIATED PRESS

## Illusionist fined for copying rival's trick

A magician has been fined 12,205 euros (\$16,725) by a Dutch court for putting a rival's trick up his sleeve and trying to pass it off as his own.

Hans Klok was sued for copyright infringement over a routine in which he fights with a stubborn butler, first apparently reaching through his body to grab a glass of water off a tray, then smacking off his head momentarily.

Magician Rafael van Herck, Klok's former sidekick, said he developed the bit and took the case to court.

Klok argued the tricks are no secret in Las Vegas — one was even used by Siegfried & Roy. But the court ruled Van Herck's combination is unique. Klok said he will reshuffle his act. **THE ASSOCIATED PRESS**

## Opposition cracks up

Syrian protesters pelted a group of rival opposition leaders with eggs yesterday outside Arab League headquarters in Cairo, accusing them of playing along with President Bashar al-Assad's government instead of working to overthrow the regime. The attack highlights the growing fault lines in the Syrian opposition, which is struggling to overcome infighting in the face of a brutal government crackdown.



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**Michal C. Moore**

ISEEE Fellow and Professor,  
School of Public Policy



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KIJJI.CA

Dear Mister:

Just in case you did not know, last night was Hallo'ween. The lady who lived there before made us candy apples. Last night there were no candy apples. Come to think of it there was no candy at all from your home!

We think that is just wrong and would like you to rectify this for next year. Chocolate bars would be ok since you're a mister and probably don't know how to make Miss Toby's candy apples. Chips we get too much of.

Thanks

Children of the Hood...

P.s: don't give us apples we're not allowed to eat anything that isn't packaged. If you feel bad, you can deliver the candy to us all on the weekend. Maybe Sat, we are pretty much out of candy by then, and it's cheap to buy now.

► The letter left by neighbourhood kids — or parents — in Tom Ibbitson's mailbox after he didn't give out candy on Halloween.

# Trick, no treat

► Disgruntled neighbours leave note for Oshawa man after he failed to give out candy on Halloween

A battle is brewing in an Oshawa, Ont. neighbourhood over candy — or the lack of it on Halloween night.

A man who lives in the city east of Toronto says a letter left in his mailbox the day after Halloween took him to task for failing to shell out.

Tom Ibbitson, 26, who wasn't home on Halloween night, says the letter signed by "Children of the Hood" left him feeling "pretty upset and angry."

The letter complains that the previous resident made candy apples for neighbourhood trick-or-treaters but this year there

was sweet nothing. It suggests he "rectify this for next year" by giving out chocolate bars and warns that unpackaged apples or chips aren't welcome.

Ibbitson has responded by posting the letter on the classified website Kijiji and asking its author to come forward. Judging by the look of the letter, it likely came from a disgruntled parent, rather than a child, he said Tuesday.

Ibbitson, who just bought his first house, says he is new to the neighbourhood and hasn't got to know many of his neighbours yet. But he said they

should respect his choice not to give out candy.

He posted his own letter on the Kijiji site.

While he's received no clues so far about who wrote the note, he said he's had hundreds of emails from people supporting him.

There have been a few people who disagreed with his tactic of posting the letter and also some threats, Ibbitson said. But he's been heartened by the support he's received.

The Kijiji post had more than 110,000 visits as of late Tuesday.

THE ASSOCIATED PRESS

## REBUTTAL

## Ibbitson responds to Halloween letter

Dear Children of Entitlement (and likely their parents):

Thank you for leaving this note in my mailbox. You have gone ahead and reminded me of why I do not want children, and why I weep for the future.

For your information,

I was not home on Halloween, and therefore was not available to hand out candy.

Also, I have gone out and bought a ridiculous amount of candy, and I intend to spend an entire day on my deck Saturday, eating them with all with my friends.

I invite you to come over and enjoy watching us eat these, and possibly make yourself useful cleaning up the wrappers.

(RESPONSE POSTED BY TOM IBBITSON ON KIJJI.CA)

## Those aren't UFOs!

The military says residents along Lake Ontario in the Brighton area can expect to see some strange lights in the sky this evening.

The 424 Transport and Rescue Squadron out of CFB Trenton says it will be conducting illumination flare training.

The military says flares may be observed in the area of Lake Ontario, south of Brighton, and west of Prince Edward County. THE CANADIAN PRESS

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## D-Day web site to serve as memorial

The creators of a new website detailing the final months of the Second World War say it will stand as a living memorial to the soldiers who sacrificed their lives for our freedom.

The interactive site shares the same name as the History Television series, D-Day to Victory, which traces key battles as Allied forces made their way through Europe.

The site was launched yesterday with a luncheon and screening for several veterans who took part in the website and documentary series.

THE CANADIAN PRESS

**120** Executive producer James Milward says the website includes 3-D renderings of several battles, 120 video interviews with veterans, and a forum for visitors to share their own memories.

# In aftermath of Afghanistan

▶ 'International soldiers have given us everything we have today.... Their own countries are also secure thanks to Afghan war,' nation's foreign minister says



NICOLAS RICHOFFER  
@METRONWS.CA  
METRO WORLD NEWS IN PARIS

**Afghan Foreign Minister Zalmi Rassoul met Metro in Paris after meetings with the French government.**

**According to a new survey, 37% of Afghan women think Afghanistan will become a worse place if international troops leave. Will it?**

It has been 10 years. It's simply time that Afghan security forces take over. Of course our security forces still need training by foreign troops as well as equipment.

**If a Canadian soldier in Afghanistan asked you why he should risk his life for the**

**Afghan people, how would you respond?**

International soldiers have contributed to the well-being of Afghan people. What we have today we have thanks to these soldiers' presence. We, the Afghan people, are full of gratitude and thanks that they've risked and sometimes sacrificed their lives for us.

**Occupying forces are rarely popular. Maybe Afghans will be better off without foreign soldiers?**

This is the first time in the history of Afghanistan that foreign soldiers have been welcomed. But now that 10 years have passed, of course Afghans want to see their own soldiers taking care of their security.

▶ Afghan Foreign Minister Zalmi Rassoul



**Looking back at these past 10 years, what do you see as Afghanistan's foremost success story?**

Democracy. We were at war for 30 years, and within 10 years we have developed democratic institutions. We have freedom of expression. We have a parliament

that's elected by the people. Twenty-six per cent of our members of parliament are women, a higher percentage than many Western countries. We have a constitution that grants men and women equal rights. We have the freest press in the region.

## New well-being

- ▶ There are now close to 50 private TV stations across Afghanistan, over 100 community FM radio stations and hundreds of print publications. Official government permission is not required to start a newspaper or magazine.
- ▶ There are now more than 100 universities, compared to fewer than 10 in 2001. There are more than 200,000 students, both men and women.
- ▶ Today more than eight million Afghan children attend school, about 40 per cent girls. In 2001, no girls and fewer than one million boys went to school.
- ▶ Afghanistan now has over 10,000 kms of paved roads.
- ▶ Kabul for the first time has 24-hour electricity.
- ▶ More than 80 per cent of Afghans now have access to basic health care.

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Malibu LT Platinum Edition model shown

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► Manchester City's Italian striker Mario Balotelli dismisses media talk about the "strange things" that he does in his private life.

# Quirky but not crazy

► Soccer star wants media to focus on his actions on the pitch, not his private life

Mario Balotelli insists he's not crazy, although he does acknowledge that he "can do strange things" from time to time.

For example, Balotelli recently had to evacuate his house in England after fireworks were let off in his bathroom. And he has been questioned by Naples prosecutors over a visit with the Camorra crime syndicate, allegedly saying he saw

bags of cocaine piled on a table. Speaking at Italy's training camp Wednesday, the Manchester City striker was also asked about constantly ending up pictured on the gossip pages with an array of women.

The media "tends to talk more about my private life than what I do on the pitch. It's normal but it bothers me," Balotelli said.

With Antonio Cassano

and Giuseppe Rossi both out long-term because of injury, Italy is counting on Balotelli to lead its attack in friendlies at Poland on Friday and at home against Uruguay four days later.

The 21-year-old Balotelli has scored five goals for Premier League leader City this season but is still yet to find the target in five appearances with Italy.

"I always have pressure

on me," Balotelli said. "I'm ready to take responsibility."

The son of Ghanaian immigrants, Balotelli often faced racial taunts when he played for Inter Milan despite being born and raised in Italy.

"Racism is ignorance. I can only hope that certain things don't happen again," Balotelli said.

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## NUCLEAR THREAT

## Defiant Iran won't back down

President Mahmoud Ahmadinejad vowed yesterday that Iran won't retreat "one iota" from its nuclear program.

And he denied claims that Iran seeks atomic weapons.

Ahmadinejad spoke out a day after the International Atomic Energy

Agency (IAEA) claimed Tehran was on the brink of developing a nuclear weapon.

Ahmadinejad strongly criticized the IAEA, saying it is discrediting itself by siding with "absurd" U.S. accusations.

Meanwhile, key ally Russia gave the Islamic Republic a major boost, rejecting tighter sanctions.

Israel called on the world to stop Iran's nuclear program, but it did not refer to the option of a military attack.

THE ASSOCIATED PRESS

## U.K. dodges vote on Palestinians

Britain will abstain from the United Nations vote on the Palestinian bid for statehood, Foreign Secretary William Hague told

parliament yesterday.

The Palestinians need at least nine "yes" votes and must avoid a veto. The U.S. has said it will veto the resolution.

Diplomats say the Palestinians have six "yes" votes lined up with two more likely.

THE ASSOCIATED PRESS

# Hindus sentenced to life

31 convicted of killing Muslims by setting building on fire nine years ago  
Twenty women were among victims who were burned alive

A court sentenced 31 Hindus to life imprisonment yesterday for killing dozens of Muslims by setting a building on fire.

It happened during one of India's worst rounds of communal violence nine years ago.

Judge S.C. Srivastava acquitted 41 other Hindus of murder charges for lack of evidence.

Those convicted can appeal to a higher court.

Relations between Hindus and Muslims have been largely peaceful since the bloody partition of the subcontinent into India and Pakistan on independence from Britain in 1947. But there are sporadic bouts of violence.

The worst recent violence erupted in 2002 in Gujarat state. More than



► Convicted Hindus cry out inside a police van near Ahmadabad, India, yesterday as they're taken to prison.

1,000 people, most of them Muslims, were killed by Hindu mobs after a train fire killed 60 Hindus returning from a pilgrimage. Muslims were blamed for the fire.

Rioters set a building on

**14** Muslims account for about 14 per cent of India's population of 1.1 billion.

fire in a village in Mehsana district, about 40 kilometres north of Ahmadabad,

the main city in Gujarat state. Thirty-three Muslims, including 20 women who had taken shelter there, were burned alive.

Two of the suspects died during the trial.

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● METRO WORLD NEWS



**"It was under heavy anesthetic so the animal didn't sway while in the air."**

MICHAEL RAIMONDO,  
PHOTOGRAPHER WHO FILMED  
"FLYING RHINO," TOLD METRO



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- ▶ **Endangered species**  
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- ▶ **Moving to a bigger pad**  
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MICHAEL RAIMONDO/GREEN RENAISSANCE/WWF



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PC00017	2007	CAMRY LE	\$19888	\$18888	\$17388	\$15888
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PC00059	2010	VENZA	\$29888	\$28888	\$27388	\$25888
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P100362A	2006	CIVIC	\$12888	\$11888	\$10388	\$9888
PC00015B	1994	SABLE	\$4888	\$3888	\$2388	\$888
P100310B	2003	COROLLA S	\$9888	\$8888	\$7388	\$5888
PC00054A	2005	300C	\$11888	\$10888	\$9388	\$7888
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# Frozen, but alive

► Coach and friends relieved after finding missing star athlete

A Kenyan runner who disappeared over the weekend as two snowstorms hit the Alaska city where he lives was found alive Wednesday with severe frostbite on both feet and severe hypothermia.

All-American cross country runner Marko Cheseto, 28, disappeared a day after his University of Alaska Anchorage team's triumphant return from the NCAA Divi-

sion II West Region championships, where the team won every title available.

Cheseto was last seen Sunday night, and his teammates reported him missing Monday morning. Authorities looked for signs of him on every major trail in Anchorage, and divers were preparing to search lakes around the campus on Wednesday when he walked into a hotel near

campus at about 3:30 a.m.

Steve Cobb, the school's athletic director, said that Cheseto was being treated at a local hospital for severe frostbite on both feet.

He didn't know if Cheseto's injuries would prevent him from running competitively again.

"We are just thankful he was found and getting treatment," Cobb said.

THE ASSOCIATED PRESS

AP PHOTO/ UNIVERSITY OF ALASKA ANCHORAGE



► Marko Cheseto

## Sect leader gets a break

Prosecutors in Utah dropped charges Wednesday against a polygamist sect leader because he is already serving a life sentence in Texas in a separate case.

Warren Jeffs had been found guilty of rape by accomplice — a 2007 conviction that was overturned last year by the Utah Supreme Court, which cited improper jury instructions by the trial judge. The decision to drop the case was made with the assent of Utah Attorney General Mark Shurtleff.

Jeffs, 55, is the ecclesiastical head of the Fundamental Church of Jesus Christ of Latter Day Saints. He was sentenced to life in prison in August on charges of sexually assaulting two of his underage brides.

The Utah case charged Jeffs with arranging an under-aged marriage involving Elissa Wall, who was 14 at the time. Jeffs had been accused of presiding over the marriage, and the two felony charges of rape by

**"...he's going to spend life in prison. There was not a lot to gain in the case."**

PAUL MURPHY, UTAH ATTORNEY GENERAL SPOKESMAN

accomplice involving Jeffs were the result of sexual encounters with a husband Wall said she didn't want to marry.

The extent of Jeffs' liability complicated jury instructions and all but defeated any retrial, prosecutors said. Defence lawyers said the rape-by-accomplice charges were a misfit from the start.

"This was a hard decision for everybody involved and bittersweet for me," Wall said Wednesday. "I was in agreement. We all had a piece to play in the puzzle of Warren Jeffs, and Utah did a fantastic job. It was the best decision for all parties involved."

Wall's former husband, Allen Steed, is currently serving 36 months' probation. THE ASSOCIATED PRESS

## Longer days, better health

**14 or more hours of daylight saw physical activity increase among kids, the study found.**

Now that clocks have been set back an hour in most parts of Canada and it's dark before dinnertime, a new British study on kids' physical activity might strike a chord with parents.

A team led by Anna Goodman at the London School of Hygiene and Tropical Medicine tracked 325 children aged eight to 11 for a total of 817 days spread over four seasons.

They had the highest overall level of activity — mainly outdoor play — when there were 14 or more hours of daylight, and physical activity levels were significantly lower when there were fewer daylight hours.

The effect remained the same even when bad weather was taken into account. THE CANADIAN PRESS



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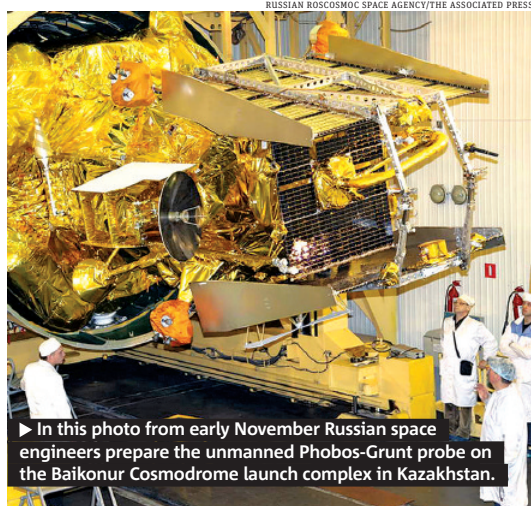
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# Mars spacecraft jammed

► Probe carries toxic fuel that would make it 'most dangerous' man-made object to fall from orbit ► Mishap latest in series of recent Russian failures

A Russian space probe became stuck in orbit Wednesday after an equipment failure, raising fears it could come crashing down and spill tons of highly toxic fuel on Earth unless engineers can steer it back to its flight path.

The spacecraft was headed for one of Mars' two moons when it devel-

oped technical problems.

U.S. space and Defence Department officials are tracking it. Officials at NASA in Washington figure it will be at least a week, maybe more, before the errant space probe falls back to Earth, if it does. The Russians are trying to get it back on course.

One independent U.S.

expert on the Russian space program said the spacecraft could become the most dangerous man-made object ever to hit the planet. But those at the U.S. space agency and other space debris experts are far less worried. They believe the fuel will probably explode harmlessly in Earth's upper atmosphere.

NASA chief debris scientist Nicholas Johnson says the spacecraft's orbit is already starting to degrade slightly.

"From the orbits we're seeing from the U.S. Space Surveillance Network, it's going to be a couple weeks before it comes in," Johnson said yesterday afternoon. **THE ASSOCIATED PRESS**

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A man and a woman are posing on a film set. The woman is wearing a long, black, sleeveless dress with a deep V-neckline and a wide black belt with a large silver buckle. The man is wearing a black tuxedo with a white shirt and a dark tie. They are standing in front of a backdrop that looks like a city street at night, with smoke and lights. The word "EXPRESS" is written in large, white, bold letters across the middle of the image.

# EXPRESS

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# Voters head to the web?

► Internet voting already used in provincial-party leadership races, municipal elections in Canada

Low voter turnout has become a lot like bad weather — something everyone talks about, at least around election time, but something that seems beyond remedy.

Since various appeals to democratic principles have failed to move people off their couches to vote, some governments are considering Internet voting to try and increase vot-

**“Technology ... can be hacked to distort voter results in ways that can never be traced.”**

**DUFF CONACHER, DEMOCRACY WATCH**

er turnout.

But it also has staunch opponents, who warn it can be hacked and suggest it may not do anything to engage voters who are turned off politics.

Personal identification

numbers, which are usually mailed to people's homes in order to allow them to vote electronically, can be stolen from mailboxes and used by other people, said Duff Conacher, of the Ottawa-based ad-

vocacy group Democracy Watch.

J. Alex Halderman, an assistant professor of computer science at the University of Michigan, hacked into a pilot e-voting project last year in the District of Columbia after officials invited the public to test the system's security as part of an open-source initiative.

**THE CANADIAN PRESS**

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### Phoenix. Fire



► A tanker explodes after being hit by another truck on westbound Interstate 10 near Chandler Boulevard on the Chandler-Ahwatukee, Ariz. border yesterday.

MARK HENLE/THE ARIZONA REPUBLIC/THE ASSOCIATED PRESS

## Two tankers collide

Authorities in Phoenix say a milk truck driver was killed when he rear-ended another tanker truck hauling fuel, sparking a huge fire that snarled rush hour traffic for hours.

## Adobe to pull Flash from mobile browsers

Adobe says it will pull Flash, its software for web video and software, from the web browsers of mobile devices. Flash will still work on mobile apps and on computers' web browsers.

It's a win for Apple Inc., which has famously banned Flash from work-

ing on the iPhone and the iPad. Adobe Systems Inc., though, says the about-face is about listening to what customers want.

In a blog post Wednesday, Adobe vice-president Danny Winokur said that the company will increase investment in HTML5. That's the latest version of the programming standard that websites are built on.

It was less than two months ago that Winokur told The Associated Press that Adobe was equally focused on both Flash and HTML5. **THE ASSOCIATED PRESS**

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## News in brief



## Buyer to name huge diamond

GENEVA. A rare yellow diamond is expected to fetch between \$11 million and \$15 million at auction next week, and the buyer will have the chance to name it, auction house Sotheby's said yesterday.

The Sun-Drop Diamond is the largest known of its kind, at 110.3 carats.

THE ASSOCIATED PRESS

## Jackson items for sale

LOS ANGELES. The contents of the home where Michael Jackson lived from December 2008 until his death — including the bed where he took his last breath, are to be sold at auction in December.

THE ASSOCIATED PRESS

## Future leader plans unclear

GREECE. There has been talk about who will take over from outgoing Greek Prime Minister George Papandreou. Former European Central Bank vice-president Lucas Papademos had been tipped as the strongest candidate for interim prime minister. But by yesterday another strong candidate had emerged — current parliament speaker Philippos Petsalnikos.

THE ASSOCIATED PRESS

## Greek drama intensifies

- Talks on coalition break down
- Papandreou calls for unity

Greece's laborious power-sharing talks disintegrated into chaos yesterday, with political leaders failing to name a new prime minister who will take over from George Papandreou and head an interim government, despite three days of negotiations.

The latest setback in more than a week of political turmoil came less than an hour after Papandreou made a televised address to the nation saying Greece's political parties were joining together to save the debt-ridden country from rapidly ap-

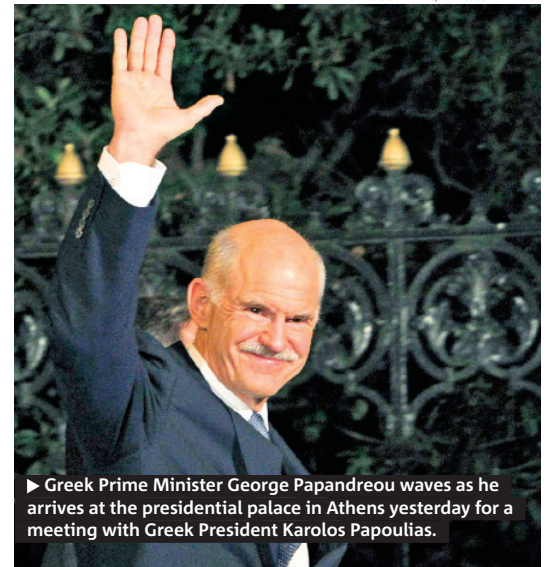
proaching bankruptcy.

But less than an hour later, Giorgos Karatzaferis, the head of a small right-wing party, stormed out of political leader talks being chaired by the country's president, Karolos Papoulias.

The president's office scheduled another meeting for this morning — and a deal seemed as far away as ever.

Karatzaferis told journalists outside the presidential mansion that the other two political leaders had used "trickery" — but he provided no details.

THE ASSOCIATED PRESS



► Greek Prime Minister George Papandreou waves as he arrives at the presidential palace in Athens yesterday for a meeting with Greek President Karolos Papoulias.

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## Toyota recall due to steering problem

Toyota Motor Corp. said yesterday it is recalling about 550,000 vehicles worldwide — mostly in the United States — for problems that could make it harder to steer.

The recall affects 447,000 vehicles in North America, as well as 38,000 in Japan and another 25,000 in Australia and New Zealand.

THE ASSOCIATED PRESS

## Market moment

TSX	Dollar	Oil	Natural gas
- 332.64 (12,156.22)	- 1.31¢ (97.88¢ US)	- \$1.06 US (95.74 US)	\$3.652 (- 9.3¢)
			Gold \$1,791.60 (- \$7.60)

## Indigo: Sale gives Kobo a needed kick

The head of Indigo, Canada's biggest book retailer, says selling its stake in the Kobo e-reader to a Japanese electronic commerce company will put enough financial kick behind the device to help it compete with the tablets of major competitors Apple and Amazon.

Heather Reisman, CEO of Indigo Books & Music Inc., said yesterday that Tokyo-based Rakuten Inc. is an ideal fit to take on the 51 per cent stake in Kobo.

She says the Japanese firm has the ability to invest the \$100 million to \$150 million that's needed over the next year to advance Kobo's technology and grow its customer base.

"We reached a point where we felt that the best thing for Kobo and Indigo ... (was) to make sure they're positioned for the

biggest possible success," Reisman said in a phone interview.

"One big part of my decision to go ahead with

the sale at this moment was because I believed firmly that the best future for Kobo would be with a partner of the scale of Rakuten."

The transaction comes as more readers turn to digital books instead of traditional hardcovers and paperbacks, which has put a pinch on many retailers,



including Indigo. U.S. bookstore chain Borders, which owned 11 per cent of Kobo, went bankrupt earlier this year as its sales dwindled.

On Tuesday, the company reported a loss of \$40.4 million in the second quarter as Indigo and Chapters stores posted a 4.3 per cent decrease in

revenue, while sales at its smaller format stores were down 2.9 per cent.

Sales in the Kobo division were up 219 per cent, marking one of the few bright spots in the quarter.

Kobo has been a rapidly growing part of Indigo's overall retail business.

THE CANADIAN PRESS



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Sunridge Mall  
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1353 32nd Ave. NE

### Southwest

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Bow Valley Square  
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Westbrook Mall  
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as studying.

It seems calm — midterms gone, a few weeks to term finals — but I remember this as the moment you had time to contemplate that you were doomed.

At first there's new-year buzz: Students observe who's become hot and/or cool, learn the new consensus jean-waistline height, and decide when to wow their peers with the three guitar chords they've been practising.

Then midterm marks painfully remind you: Time to prepare for a long grind of studying or pack it in.

Well, relax students: I humbly suggest you can do both.

As a veteran of high school, university AND comedy college, I'm qualified to point out that every school skill you pick up can be performed after graduation by iPhones, spell-checkers and whoopee cushions.

You'll forget most of the "facts" you learn. But if you use class as a springboard for half-assedness, well, that's the type of skill a person will use for the rest of his or her life.

"Teach someone a fib, they'll cheat for a day," the old saying goes. "Teach them how to fib and they'll cheat forever."

How To Study Without Really Trying:

- Find a good spot: The ideal area is a soundproof spot in your own room so you can lock your door and put a "DO NOT DISTURB" sign on it while you play Call of Duty: MW3.

- Break studying into segments so you don't get overwhelmed: For instance, if you plan to watch The Simpsons before you start your homework, you might

say: "OK, I just have to watch Bart wake up and realize he's joined the Junior Campers. Then it will be no time at all until Homer finds the Krusty Burger." In this way, even all-night Simpsons marathons won't seem too daunting.

- Study the hardest stuff first: This will give you the illusion that you're getting smarter as you go.

- Highlight everything: I don't know why it works, but all the smart kids highlight so often that their books increase in weight. You should follow suit, as a status thing.

- Get help from other people: Any experienced student knows the most effective way to learn new information is to grill smart people on the day of the test. Find a nerd in the morning, grab their arm and ask them questions in a tone of voice usually not heard outside of 911 calls.

- Above all, don't panic. Schools never let students fail the same grade twice. Technically, you could ignore your teachers from the first day of Grade 1 and be on your way to a 24-year vacation topped off with a diploma.

By the time you hit 30, you should really have those guitar chords nailed.

Read more of John Mazerolle's columns at [metronews.ca/hesays](http://metronews.ca/hesays)

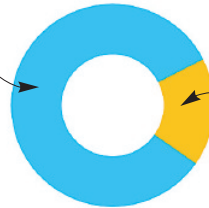
This time of year can be stressful for students, especially those who foolishly become preoccupied with pointless extracurricular activities, such



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Should Remembrance Day be a national holiday?

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SHOW  
RESPECT  
FOR PAST  
SACRIFICES



17%  
NO, I CAN  
REMEMBER  
AND WORK AT  
THE SAME  
TIME

## Local tweets



► **@randy serious:** Why yes, I am eating

a Peters Drive In Cheeseburger and drinking a chocolate shake. #yyc

► **@transit22:** Prince is coming to the Saddledome in December. I'd like to see @nenshi out on stage for Purple Rain #purple Reign #yyc

► **@Robo747:** Sitting on the plane watching everyone board. Crossing my fingers the 300lb guy isn't my #flightmate #delta #yyc

► **@PANCAKES:** Thanks for all the good luck wishes

tonight! Not going to lie, I follow some of the best people in #yyc. #realthanks #loveyou

► **@RidleyScouting:** Just saw a student driver go up on the sidewalk for half a block. Look out!!! #yyc

► **@BlakeRichardsMP:** A good tour of Canadian Pacific's Alyth Yard in #yyc. A large portion of Alberta's economic activity moves through this yard

► **@RyGuy004:** Just when I start to do research for my structural overview project of #yyc, the @cityofcalgary website doesn't work. Off to a good start!

## Letters

**VETERANS. RE:** *Homeless veterans in fight for their lives, published Nov. 8*

As a Second World War veteran, 90 years old on March 10, 2012, this item caught my eye. It points out several salient bits of information. I too believe vets would benefit from having more Veterans Affairs outreach workers coming to them and explaining how to qualify for government support.

Vets simply do not know because the information is not out in the public.

A further concern is that while Second World War veterans may qualify for help if they have a disability related to their war experience, what happens if someone who got a one-time payout develops a service-related illness later in life?

Finally, Veterans Affairs Canada in their publication Salute publishes a column called "How to Reach Us." Somehow that should appear in most federal government offices.

And, regional offices should have funding for an individual and or individuals who are available for on-site meetings with veterans.

JOHN BEECHING  
VANCOUVER



## photo of the day



► This photo titled *Children: Strength and Power*, was submitted to the Happiness category by Daniel Benitez from Mexico.

Metro invites its readers to join the Metro Global Photo Challenge — running in 100 cities on four continents — to win fantastic prizes and worldwide recognition. Enter your digital photos at [metrophotochallenge.com](http://metrophotochallenge.com). The contest runs until Nov. 22. As well as a chance to win a trip to any city Metro publishes, one submission will also be featured here daily.

## WEIRD NEWS

### Occupy Denver has more bark than bite

Occupy Denver has elected the most unlikely of leaders: A dog.

The three-year-old border collie named Shelby was elected in response to what the protesters said was Denver Mayor Michael Hancock's "insistence" the movement elect a leader.

"Shelby is closer to a person than any corporation: She can bleed, she can breed, and she can show emotion. Either Shelby is a person, or corporations aren't people," Occupy Denver's



► Shelby will have a translator for "all legal and police matters."

website stated.

Shelby will be introduced to the mayor and Colorado's governor and she will be leading Saturday's Occupy Denver march "against Corporate Personhood," the site said.

She "invites all other civic-minded dogs (and their leash-holders) to join" the march, the protesters say.

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**Synopsis**

The Christmas movie season promises a little something for everyone. There's family movies like *The Muppets*, Oscar bait like *My Week with Marilyn*, and even a silent movie in wide release! This week the Reel Guys look ahead to their most anticipated movies of November and December.



► Michelle Williams' portrayal of Marilyn Monroe in *My Week With Marilyn* may win her the Oscar Monroe always dreamed of.

**Reel Guys****RICHARD CROUSE & MARK BRESLIN**

SCENE@METRONEWS.CA



# 'Tis the season

**► Christmas movie season is here ► Crouse and Breslin share their yuletide picks**

**Richard:** Mark, the film critic in me really wants to see *Carnage*, the Roman Polanski adaptation of the Broadway hit about two couples who get together to discuss an altercation between their children. I expect the all-star cast's — Kate Winslet, John C. Reilly, Christoph Waltz and Jody Foster — heavy-duty acting chops may earn an Oscar nod or two and have heard there's even Oscar buzz for Polanski. What are you most excited about?

**Mark:** Richard, I'd like to agree with you about *Carnage*, but I saw the play on Broadway and wasn't im-

pressed. However, I like everything Roman Polanski has ever done — well, ahem, almost everything — and maybe this will be an example of a movie improving on the play. I am looking forward to *Young Adult*, and here's why: 1. screenplay by Diablo Cody. 2. directed by Jason Reitman. 3. starring Charlize Theron. 4. lots of bad behaviour. I also look forward to the new installment of *Mission Impossible: Ghost Protocol*. Am I a fool?

**RC:** Not at all! I'm excited to see what Brad Bird, the Pixar wizard behind *The Incredibles*, can do with

live action and a few hundred million dollar budget. I'm also curious to see how the Cold War paranoia of *Tinker Tailor Soldier Spy* plays at Christmas, 2011. I want to know if playing in the *Potterverse* for the last few years has dulled Gary Oldham's edge. I'm hoping for some of his old-school Romeo is *Bleeding* attitude!

**MB:** I don't know... those John Le Carre adaptations can be pretty dry. What about *My Week With Marilyn*? Sounds pretty juicy to me.

**RC:** It'll certainly have some juice with Oscar vot-

ers I think. The Academy loves biopics and while Michelle Williams might not have been the obvious choice to play Marilyn Monroe, the early word is that she might be in line to win the Oscar that Marilyn always wanted in real life. I think Williams's biggest competition will be Meryl Streep as Margaret Thatcher in the *Iron Lady*.

**MB:** And the trailer for the Streep film is so good that it makes me want to line up for the movie today! And it would make a perfect double bill with the J. Edgar Hoover biopic at a Tea Party conference.

# 2 scene

**Scene in brief**

Twins, gods and a legendary FBI director will hit screens tomorrow. Jack and Jill has funnyman Adam Sandler taking on duelling roles as Jack and his twin sister Jill. *The Immortals* makes Greek mythology sexy with its hot, young stars, and Leonardo DiCaprio is generating Oscar buzz for his turn as J. Edgar Hoover in *J. Edgar*. Go online to [metronews.ca/movies](http://metronews.ca/movies) tomorrow to read reviews of all these films. **METRO**



Sales rise for *Assassin of Spies*, a novel pulled by publisher over plagiarism complaints

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# Sculpting the body of a god

► Getting into god-like shape for *Immortals* wasn't an easy task ► The guys dish on bringing perfection to life

**NED EHRBAR**  
SCENE@METRONWS.CA  
METRO WORLD NEWS IN HOLLYWOOD

## The "joys" of the diet: Stephen Dorff (Stavros):

"The crew would break for lunch and we couldn't go near it. We would get these little stunt meals in this box and we'd be hungry right afterwards.

"It was very clean, no carbs. To have no body fat you have to eat ridiculously clean.

"It's very boring — no salt, none of the good

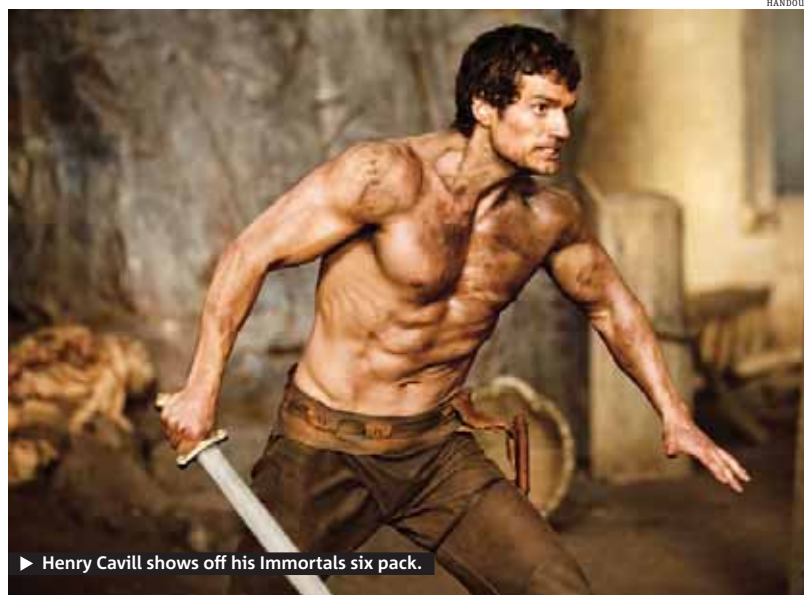
stuff. So on my day off I would go to McDonald's, ice cream places and pizza places and eat until the point that I feel sick. Because if you are eating a certain way for a couple of months, your body reacts weird when it gets a quarter-pounder with cheese.

## The downside of looking so good:

**Stephen Dorff:** "The only problem was I had crazy abs that wouldn't go away. For my next movie, I had to not look like I

was in a gym. So it was complicated. I had to learn to stick my stomach out so I could hide my *Immortals* body. Took a while. You have muscle memory when you work out that hard."

**Luke Evans (Zeus):** "I now have a bone that's raised on my shoulder, which I never had before, which is like a scapula or clavicle tear. It's never gone down. I just have this strange structural skeletal problem now, thanks to *Immortals*."



► Henry Cavill shows off his *Immortals* six pack.

## Letting the training help with the acting:

**Luke Evans:** "I trained for seven weeks and I had to do it in fast-paced training. It makes you stand differently. You look yourself in the mirror and you look different. I saw my body change in seven

weeks. It does definitely do something to inform your character in a sort of subliminal way. It definitely had an effect for me."

## Henry Cavill (Theseus):

"It's like wearing a permanent costume. Before work when you look in

the mirror — or even before looking in the mirror — you do feel different. A part of the character is more expressive in you and so when you're in that kind of shape, I essentially was wearing my costume because I barely had no costume."



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# Clint Eastwood makes the day

- At 81, film legend still has a commanding presence
- J. Edgar director admits being fascinated by Hoover



► Clint Eastwood and Leonardo DiCaprio teamed up for J. Edgar.



**RICHARD  
CROUSE**  
SCENE@METRONOVS.CA

I'm tempted to borrow a phrase from MGM to describe the star-studded reception before the first-look screening of J. Edgar on Monday night in midtown Manhattan.

The studio boasted having "more stars than there are in the heavens," but this wasn't an MGM party, it was a Warner Bros soirée to celebrate their latest Oscar hopeful – a biopic about the controversial and enigmatic J. Edgar Hoover, who spent five decades as director of the FBI.

To my left 60 Minutes reporter Steve Croft worked the room. In another corner Alan Cummings chatted quietly to friends. David Byrne mixed and mingled and Tower Heist co-star Judd Hirsch snacked on sashimi from the sushi bar.

Behind the food stations framed posters of some of the biggest stars from movie history looked down on the party goers.

They are keepsakes from the Warner Bros legacy; a reminder that the company has been making movies for almost as long as there have been movies to make.

Then a real life reminder of that legacy walked into the room. Clint Eastwood, J. Edgar's director, quietly slipped into the party. Well, as quietly as one of the most iconic movie faces of all time can slip into a room. With him was Leonardo DiCaprio, Armie Hammer ("Not Arm and Hammer, but Armie Hammer," Eastwood jokes) producer Brian Grazier and Oscar winning screenwriter Dustin Lance Black.

The weight shifts in the room, as though Clint's star power has a gravitational pull all its own. At 81, he's more weathered than when he made Dirty Harry a household name, but it is impossible to look at him and not have memories of "Go ahead, make my day..." or the Man with No Name character awakened, and everyone at the party feels it.

Inside the screening

room he introduces his J. Edgar actors and creative team. After a long list of names he pauses and says, "that takes my memory as far as it will go." Holding for the laugh, he continues, "I've always been curious about J. Edgar Hoover... and I still am."

That's it. Like his characters, Eastwood's a man of few words. Or maybe it was the hour; it was only eight o'clock. But as someone sitting behind me joked, "He only works from nine to five."

I guess when you're a legend you can set your own hours.

## Films directed by Clint Eastwood

- Bronco Billy
- Unforgiven
- Letters from Iwo Jima
- Gran Torino
- Million Dollar Baby
- Mystic River

# IMMORTALS

## GET AROUND

Pictured at the right are eight of the biggest names from *IMMORTALS*. They are shown as they appear in the film, a classic tale of good and evil, which opens November 11. You may know them from their work in other films or on TV.

Here's hoping, because we've given you another character they have played at left. It's up to you to match the character with the actor or actress.

## Match Them Up

1. Randy The Ram Robinson  
(Oscar nominee)

2. Aramis  
(think Musketeers)

3. Emmett Cullen  
(Twilight time)

4. Latika (going Ape)

5. Charles Brandon  
(Tudor times)

6. Mr. Ollivander  
(those Potter films)

7. Alison Bromley  
(think Vampires)

8. Jason Tanner  
(Beachy, but no bum)

LUKE EVANS IS 2, MICKEY ROURKE IS 1, KELLAN LUTZ IS 3, and ISABEL LUCAS IS 7.  
SOLUTION: HENRY CAVILL IS 5, FREIDA PINTO IS 4, STEVE BYERS IS 8, JOHN HURT IS 6,

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## Movie reviews

**Martha Marcy May Marlene****Genre:** Thriller**Director:** Sean Durkin**Stars:** Elizabeth Olsen, Sarah Paulson, John Hawkes

●●●●

Opening with a young woman escaping a Manson-esque cult, we know this isn't going to be an ordinary thriller. The titular charac-

ter's harrowing ordeal is revealed in flashbacks as she readjusts to real-life at her sister's cottage. First time director Sean Durkin ratchets up the tension amidst fears her "family" will come looking for her in a film that proves the threat of violence is far more frightening than the real thing. ● IAN GORMELY

**Billy Bishop Goes to War****Genre:** Musical**Director:** Barbara Willis Sweet**Stars:** Eric Peterson, John Gray

●●●●

Eric Peterson and John Gray re-up the smash musical that launched the posthumous career of Canadian flying ace Billy Bishop back in 1982. Bishop was a brawler who didn't especially want to go to war in 1916, but once there became the most successful fighter pilot in the



British Empire. Peterson plays multiple roles as well as the elderly, haunted Bishop reliving the tragedies of his war experiences. It's sharply emotional, yet entertaining, and reminds us why Remembrance Day matters so much. ● ANNE BRODIE



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► Robert Pattinson said he cut out junk food and beer to get in shape for *Breaking Dawn: Part 1*.

# Making brawn

► **Twilight star Robert Pattinson shares how he got buff for his stripped-down scene in *Breaking Dawn***



In the fourth *Twilight* film, *Breaking Dawn: Part 1*, newlyweds Edward (Robert Pattinson) and Bella (Kristen Stewart) finally go all the way.

In preparation for the stripped-down honeymoon scene, Robert Pattinson put in four months of solid time at the gym.

"I very rarely exercise and really don't like going to the gym so I had to make it extreme. I had to cut out beer and cut out junk food, which is basically my entire life and I had to replace

that with going to the gym and working out basically all day, every day. I went to the gym pretty much at four in the morning and worked out for two hours and then went to work. It was absolutely exhausting," he says.

But has the actor, also known as Edward Cullen, kept up his workout routine?

"The day I didn't have to take off my shirt, that was it. No more gym," he says laughing.

Ashley Greene's character, Edward's sister Alice, also shows a new side in the movie, albeit a more emotional one. "You will see Alice being emotionally

tortured and a little tormented inside. She wants to protect and support Bella and the two emotions are in conflict. That was one of the great things of having a saga... to develop your character," she says.

In *Breaking Dawn: Part 1* Bella Swan becomes pregnant and the baby is half vampire. According to Pattinson and Greene the birth scene was one of the most memorable during the movie shoot.

"The director Bill Condon made some really bloody horror movies early on in his career and we shot it like a straight horror scene. I saw one cut, and if you had added some

**Robert's record**

There are rumours that Pattinson is going to release an album, but he denies it.

► "I'm not making a record. I record stuff all the time but have no intention to release it."

other music and other sound effects you wouldn't want to watch the screen (laughs). They could definitely do a version of this movie for adults only," says Pattinson.

Greene remembers the day as one of the most hysterical.

"We were nervous and didn't know how to pull this off. It was so intense. You can't relate to a baby that is destroying its mother. It translates much better on film and it looks good, but when we were filming it nobody knew what was happening."



# Happy geek

► **Elijah Wood talks about reprising his role as Mumble in Happy Feet 2** ► **Admits that since Lord of the Rings, he's become the go-to guy for all things Tolkien**

**NED EHRBAR**  
SCENE@METRONWS.CA  
METRO WORLD NEWS IN HOLLYWOOD

In the first Happy Feet, vocally challenged penguin Mumble (voiced by Elijah Wood) got the girl, so it only makes sense that Happy Feet 2 finds Mumble grappling with fatherhood — something knew for the young actor best known for playing a hobbit. We caught up with Wood to talk about his penguin alter-ego growing up faster than he is and the joys of job security now that his series Wilfred has been picked up for a second season. Plus, he gives an update on that other

franchise he's a part of.

**I'm pretty sure you've never played a father before.**

Oh no. (laughs) Only in the digital realm. I mean I'm 30 now, so I suppose it's not altogether unbelievable anymore.

**How was that to take on as an actor?**

It was cool. I think it was a natural progression for Mumble. You know, after he sort of cements his relationship with Gloria at the end of the first film, it's sort of natural that they would have an egg and a baby — the natural progression. So it was cool. It presented a unique, new step in his

life. And the relationship between him and Eric was a fun relationship to play out.

**Wilfred got pretty dark in the season finale. Will it continue that tone in Season 2?**

I hope so. I love the whole season, but the latter half of the season, where it started to go with being a little bit more of a blend of the cerebral and surreal with the comedy and the darkness, is kind of my favorite combination of what the show is capable of. What I love about the show is that there are real things happening. Ryan is really, truly trying to recover and is in need of



► **Elijah Wood says playing Mumble in Happy Feet 2 is his first acting gig in a father role.**

## Geeking out over the Hobbit

► Ever since starring as Frodo Baggins in the Lord of the Rings films, Elijah Wood has become a go-to for info on all things Tolkien. And the upcoming two-film adaptation of the Hobbit is no

exception. "I do have a small part in it, and I was actually just there," he says of the project, currently in production in New Zealand. "I was there for a month doing my little part and also just hanging out and catching up with friends. It's going to be incredible."

# IMMORTALS WORDS

## ACROSS

- 1 He plays King Hyperion in *Immortals* (with 3 Across)
- 3 See 1 Across
- 7 A "fabled" Greek writer
- 8 The hero in *Immortals*
- 9 Freida Pinto, who plays 11 Down, recently starred in \_\_\_\_ of the *Planet of the Apes*
- 11 Ashen, like a dying warrior
- 14 Stephen McHattie, who plays Cassander, is a Nova \_\_\_\_ (from *Antigonish*)
- 16 Demoralize
- 17 Where 6 Down was schooled (it's in England, of course)
- 18 \_\_\_\_ Singh directed *Immortals*

## DOWN

- 1 Joseph \_\_\_\_ is Lysander
- 2 Kellan Lutz, who plays Poseidon, is Emmett Cullen in the *Twilight* films, including this one
- 4 Crowe who stars with 12 Down in the next *Superman*
- 5 Most senior
- 6 John \_\_\_\_ plays Old Zeus in *Immortals*
- 10 The answer to 1 Across also played *Whiplash* in the second \_\_\_\_ flick
- 11 Pinto's part in *Immortals*
- 12 Lucas who plays Athena
- 13 In *The Wrestler*, 1 Across was Randy \_\_\_\_ Robinson
- 15 Hit hard

## Crossword #1



**SOLUTION: ACROSS** 1. MICKEY, 2. ECLIPSE, 3. ROURKE, 4. RUSSELL, 5. ELDEST, 6. HURT, 7. IRON MAN, 8. PALE, 9. SCOTIAN, 10. ABASH, 11. LONDON, 12. TARSEM  
**DOWN** 1. MORGAN, 2. ECLIPSE, 3. ROURKE, 4. RUSSELL, 5. ELDEST, 6. HURT, 7. IRON MAN, 8. PALE, 9. SCOTIAN, 10. ABASH, 11. LONDON, 12. TARSEM

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THESE PAGES COVER MOVIE START TIMES FROM FRI., NOV. 11 TO THURS., NOV. 17. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

## CANYON MEADOWS

Bay 110 13226 Macleod Trail,  
403-670-5444

**Abduction** (14A) Fri-Thu 10  
**The Big Year** (PG) Fri-Thu 12:55-4:05-6:50-10:10  
**Captain America: The First Avenger** (PG) Fri-Thu 1:05-3:55  
**Cars 2** (G) Fri-Thu 1:30-4:05-7:15  
**Contagion** (14A) Fri-Thu 1:4-15:7:05  
**Crazy, Stupid, Love.** (PG) Fri-Thu 1:10-4:10-7:20-9:55  
**The Debt** (14A) Fri-Thu 6:55-9:55  
**Dolphin Tale** (G) Fri-Thu 1:4-15:7:05  
**Harry Potter and the Deathly Hallows: Part 2** (PG) Fri-Thu 3:45-9:15  
**One Day** (PG) Fri-Thu 1:20-7  
**Rise of the Planet of the Apes** (PG) Fri-Thu 1:20-4:05-7:20-10  
**The Smurfs** (G) Fri-Thu 1:25-3:57:10:15  
**Spy Kids: All the Time in the World in 4D** (PG) Fri-Thu 1:15-7  
**The Thing** (18A) Fri-Thu 9:50  
**Warrior** (14A) Fri-Thu 9:40  
**What's Your Number?** (14A) Fri-Thu 12:50-4:7-25-10:05

## CROWFOOT CROSSING

91 Crowfoot Terrace, 403-547-3316

**Footloose** (PG) Fri-Wed 7:25-10:15 Thu 7:25  
**The Ides of March** (14A) Fri-Tue 1:35-4:15-7:25-9:50 Wed 4:15-7:25-9:50 Thu 1:35-4:15-7:25-9:50 Star & Strollers Screening Wed 1  
**Immortals 3D** (18A) Fri-Thu 1:05-3:45-6:55-9:40  
**In Time** (PG) Fri-Thu 1:20-4:10-7:20-9:55  
**J. Edgar** (PG) No Passes Fri-Thu 12:55-4:7:05-10:10  
**Jack and Jill** (PG) No Passes Fri-Tue 12:50-3:10-7:10-9:35 No Passes Wed 3:10-7:10-9:35 No Passes Thu 12:50-3:10-7:10-9:35 Star & Strollers Screening, No Passes Wed 1  
**Johnny English Reborn** (PG) Fri-Thu 1:15-6:50  
**Paranormal Activity 3** (14A) Fri-Thu 1:50-4:25-7:50-10:20  
**Puss in Boots** (G) Fri-Thu 1:3-30  
**Puss in Boots 3D** (G) Fri-Sun 12:30-2:45-5:05-7:30-9:45 Mon-Thu 1:30-4:7-30-9:45  
**The Rum Diary** (14A) Fri-Wed 3:55-9:25 Thu 3:55  
**The Three Musketeers** (PG) Fri-Thu 1:10-3:50-7:10-10:05  
**Tower Heist** (PG) Fri-Thu 1:25-4:05-7:30  
**The Twilight Saga: Breaking Dawn Part 1** (STC) No Passes Thu 10  
**A Very Harold & Kumar 3D Christmas** (18A) Fri-Sun 12:40-3:5-10:7-40-10:10 Mon-Thu 2-4-35-7-40-10:10

## EAU CLAIRE MARKET

200 Barlay Parade, 403-263-3166

**The Guard** (14A) Fri 4-7:15-9:50 Sat 1:4-7:15-9:50 Sun 1:4-7:10-9:40 Mon-Thu 7:10-9:40  
**J. Edgar** (PG) No Passes Fri 3:30-6:45-10 No Passes Sat 12:20-3:30-6:45-10 No

Passes Sun 12:20-3:30-6:50-9:55 No Passes Mon-Thu 6:50-9:55

**Martha Marcy May Marlene** (STC) Fri 3:20-7:30-10:10 Sat 12:30-3:20-7:30-10:10 Sun 12:30-3:20-6:40-9:50 Mon-Thu 6:40-9:35  
**The Rum Diary** (14A) Fri 3:40-6:30-9:30 Sat 12:40-3:40-6:30-9:30 Sun 12:40-3:40-6:30-9:35 Mon 9:50 Tue-Wed 6:30-9:50 Thu 6:30  
**Tower Heist** (PG) Fri 3:50-7:40 Sat 12:50-3:50-7:40 Sun 12:50-3:50-7:45 Mon-Thu 7-9-45  
**The Twilight Saga: Breaking Dawn Part 1** (STC) No Passes Thu 10  
**A Very Harold & Kumar 3D Christmas** (18A) Fri 4:10-7:45-10:20 Sat 1:10-4:10-7:45-10:20 Sun 1:10-4:10-7:20-10 Mon-Wed 7:20-10 Thu 10

## EMPIRE STUDIO 16 COUNTRY HILLS

388 Country Hills Blvd., 403-686-8491

**Footloose** (PG) Stadium Seating, SR Dolby Digital Fri-Wed 9:30  
**The Help** (PG) Stadium Seating, SR Dolby Digital Fri-Wed 12:05-3:20-6:30  
**Immortals** (18A) Stadium Seating, SR Dolby Digital Fri-Thu 1:10-4:10-7:30-10:10  
**In Time** (PG) Stadium Seating, SR Dolby Digital Fri-Thu 12:55-3:40-7:10-10  
**J. Edgar** (PG) Stadium Seating, SR Dolby Digital Fri-Thu 12:20-3:45-6:45-9:50  
**Jack and Jill** (PG) Stadium Seating, SR Dolby Digital Fri-Thu 12:50-1:20-3:30-6:55-7:15-9:10-9:55  
**Moneyball** (PG) Stadium Seating, SR Dolby Digital Fri-Wed 12:40-3:50-6:50-9:50  
**Paranormal Activity 3** (14A) Stadium Seating, SR Dolby Digital Fri-Thu 1:30-4:05-7:55-10:20  
**Puss in Boots** (G) Stadium Seating, SR Dolby Digital Fri-Wed 12:20-2:40 Stadium Seating, SR Dolby Digital Thu 12:2-20  
**Puss in Boots 3D** (G) Stadium Seating, SR Dolby Digital Fri-Thu 1:3-25-7:20-9:40  
**Puss in Boots: An IMAX 3D Experience** (G) Stadium Seating Fri-Thu 12:30-2:50-7-9:20  
**RA. One** (14A) Stadium Seating, SR Dolby Digital Fri-Thu 2:5-15-9  
**Rockstar** (STC) Stadium Seating, SR Dolby Digital Fri-Thu 1:55-5:10-9  
**The Rum Diary** (14A) Stadium Seating, SR Dolby Digital Fri-Wed 10:05  
**Tower Heist** (PG) Stadium Seating, SR Dolby Digital Fri-Thu 1:25-1:50-4-4:25-7:05-7:25-9:45-10  
**The Twilight Saga: Breaking Dawn Part 1** (STC) No Passes, Stadium Seating, SR Dolby Digital Thu 10  
**A Very Harold & Kumar 3D Christmas** (18A) Stadium Seating, SR Dolby Digital Fri-Thu 1:40-4:40-7:40-10:15

## EMPIRE STUDIO 10 MACLEOD TRAIL

100-16061  
Macleod Trail,  
403-974-0470

**Footloose** (PG) Digital Presentation, SR Dolby Digital, Stadium Seating Fri-Wed 9:35 Im-

Dolby Digital, Stadium Seating Fri-Thu 1:30-4:10-7-9:30  
**Tower Heist** (PG) Digital Presentation, SR Dolby Digital, Stadium Seating Fri-Thu 12:50-3:50-6:50-9:40 Digital Presentation, SR Dolby Digital, Stadium Seating Fri-Thu 1:20-4:20-7:20-10:10  
**A Very Harold & Kumar 3D Christmas** (18A) Digital Presentation, SR Dolby Digital, Stadium Seating Fri-Thu 1:40-4:40-7:50-10:30

## GLOBE CINEMA

617-8 Avenue, 403-262-3308

**Anonymous** (PG) Fri-Thu 9:10  
**Billy Bishop Goes to War** (PG) Fri 1-3  
**The Ides of March** (14A) Fri 7 Sat-Sun 1:3-10-7 Tue 7 Thu 7  
**The Way** (PG) Fri-Sun 12:50-3:20-6:50-9:20



► Action-comedy *Tower Heist* stars Eddie Murphy and Ben Stiller.

Mon-Thu 6:50-9:20

## MOVIEDOME

1039 999 36 St. N.E., 403-248-2000

**Abduction** (14A) Fri-Thu 1:3-55-7:10-9:35  
**Breakaway** (PG) Fri-Thu 1-4-7-10  
**Conan the Barbarian** (18A) Fri-Thu 12:50-3:25-6:45-9:40  
**Contagion** (14A) Fri-Thu 12:50-3:50-7:05-9:50  
**Dolphin Tale** (G) Fri-Thu 12:40-3:40-6:45-9:25  
**Our Idiot Brother** (14A) Fri-Thu 7:15-10:05  
**Rise of the Planet of the Apes** (PG) Fri-Thu 1:3-30-6:55-9:45  
**The Smurfs** (G) Fri-Thu 12:45-3:45-6:40-9:30  
**Spy Kids: All the Time in the World in 4D** (PG) Fri-Thu 1:10-4:05  
**What's Your Number?** (14A) Fri-Thu 12:55-3:35-6:50-9:55

## SCOTIABANK CHINOOK

6455 Macleod Trail, 403-212-8994

**50/50** (14A) Fri-Thu 1:25-4:20-7:05-10:05  
**Footloose** (PG) Fri-Sun 1:05-4:05-7:35-10:15 Mon 7:35-10:15 Tue-Wed 1:05-4:05-7:35-10:15 Thu 1:05-4:05-7:35  
**Immortals 3D** (18A) Fri-Sat 12-24-20-5-8-10-45 Sun-Thu 2:15-5-7-40-10:20  
**In Time** (PG) Fri-Thu 1:30-4:30-7:40-10:30  
**J. Edgar** (PG) No Passes Fri-Wed 12:30-3:30-6:45-9:50 No Passes Thu 3:30-6:45-9:50 Star & Strollers Screening, No Passes Thu 1  
**Jack and Jill** (PG) No Passes Fri-Sun 12:15-2:40-5-7:20-10 No Passes Mon-Wed 2:40-5-7:20-10 No Passes Thu 2:40-5-7:20 No Passes Fri-Sat 1:20-3:40-6-8:20-10:40 No Passes Sun-Thu 1:05-3:20-5:45-8:05-10:30  
**The Metropolitan Opera: Anna Bolina - Encore** (STC) Sat 10:55  
**Paranormal**

**Activity 3** (14A) Fri-Thu 1:3-45-6-8:15-10:30  
**A Park for All Seasons** (STC) Sun 2  
**Puss in Boots** (G) Fri-Sun 1:3-30 Mon-Thu 1:30-4:30  
**Puss in Boots 3D** (G) Fri-Thu 12:30-2:50-5:20-7:50-10:10  
**Puss in Boots: An IMAX 3D Experience** (G) Fri-Sun 12:20-2:40-4:40-7-9:30 Mon-Wed 1-4-7-9:30  
**Real Steel** (PG) Fri-Sat 1:4-7-25-10:25 Sun 4-7-25-10:25 Mon-Wed 1-4-7-25-10:25 Thu 1-4-7-25  
**The Rum Diary** (14A) Fri-Wed 12:40-3:40-7-10 Thu 12:40-3:40-10  
**The Three Musketeers 3D** (PG) Fri 12:45-4:10-7:15-10:15 Sat 4:10-7:15-10:15 Sun-Tue 12:45-4:10-7:15-10:15 Wed 12:45-4:10-10:15 Thu 12:45-4:10-7:15

**Tower Heist** (PG) Fri-Sat 12:1-10:2-30-3:50-5:10-7:10-7:50-9:50-10:20 Sun 12:1-10:2-30-4:20-5:10-7:10-7:50-9:50-10:20 Mon-Wed 1:10-2:30-3:50-5:10-7:10-7:50-9:50-10:20 Thu 2:30-3:50-5:10-7:10-7:50-9:50-10:20 Star & Strollers Screening Thu 1  
**The Twilight Saga: Breaking Dawn Part 1** (STC) No Passes Thu 10  
**A Very Harold & Kumar 3D Christmas** (18A) Fri-Wed 1:3-20-5:50-6:50-8:10-9:30-10:30 Thu 1:3-20-5:50-8:10-9:30-10:30

## PLAZA THEATRE

1133 Kensington Rd. N.W., 403-283-3636

**We Were Here** (STC) Fri 9:15 Sat 2:30-7:9 Sun 1:3-7:9 Mon-Wed 7-9 Thu 9:15

## SUNRIDGE SPECTRUM

2555 32nd Street, 403-717-1200

**Footloose** (PG) Fri-Thu 10:05  
**Immortals 3D** (18A) Fri-Sun 12-24-20-5-8-10:40 Mon-Wed 2:10-4:40-7:30-10:10 Thu 2:10-4:40-7:30

**In Time** (PG) Fri-Sat 12:15-2:55-5:35-8:10-10:45 Sun 12:15-2:45-5:15-7:50-10:20 Mon-Thu 2:5-7:40-10:20

**J. Edgar** (PG) No Passes Fri-Sun 1:25-4:25-7:25-10:30 No Passes Mon-Tue 1-4-7-10 No Passes Wed 4-7-10 No Passes Thu 1-4-7-10 Star & Strollers Screening, No Passes Wed 1  
**Jack and Jill** (PG) No Passes Fri-Sun 1:10-3:40-6:8-20-10:40 No Passes Mon-Thu 1:40-4:10-7:10-9:40

**A Mother's Story** (STC) Fri-Sat 12:45-3:20-5:55-8:25-10:50 Sun 12:45-3:20-5:55-8:25 Mon-Thu 2:30-4:50-7:20-9:45

**Paranormal Activity 3** (14A) Fri-Sat 11:55-2:4-10-6:20-8:35-10:50 Sun 11:55-2:4-10-6:20-8:35 Mon-Thu 1:05-3:30-5:50-8:10-10:20

**Puss in Boots** (G) Fri-Sun 12:10-2:35-5:7-20 Mon-Thu 1:3-20-5:30-7:50

**Puss in Boots 3D** (G) Fri-Sun 1:20-3:40-6:8-20-10:40 Mon-Thu 1:10-3:50-6:40-9

**RA. One 3D** (14A) Fri-Sun 1:4-30-8:05 Mon-Wed 1-4-30-8 Thu 1-4-30

**Rockstar** (STC) Fri-Sun 12:35-4:17:55 Mon-Thu 1:15-4:45-8:30

**Tower Heist** (PG) Fri-Sun 12:30-2:15-3:45-5:30-7:35-8:05-10:15-10:30 Mon-Tue 1:20-1:50-3:50-4:20-6:30-7:20-9:50 Wed 1:50-3:50-4:20-6:30-7:20-9:50 Thu 1:20-1:50-3:50-4:20-6:30-7:20-9:50 Star & Strollers Screening Wed 1

**The Twilight Saga: Breaking Dawn Part 1** (STC) No Passes Thu 10 No Passes Thu 10  
**A Very Harold & Kumar 3D Christmas** (18A) Fri-Sat 12:20-1:15-2:50-3:50-5:10-6:10-7:30-8:30-9:50-10:50 Sun 12:20-1:30-2:50-3:40-5:10-6:7:30-8:20-9:50-10:30 Mon-Wed 1:30-2:30-4:30-6:50-8:20-9:10-10:30 Thu 1:30-2:30-4:30-6:50-9:20

## THE UPTOWN STAGE & SCREEN

612 8th Ave. S.W., 403-265-0120

Listings not available at press time. @Cinema name Theatre @Westhills 10  
165 Stewart Green, 403-246-5291

**The Ides of March** (14A) Fri-Sun 12:40-3:20-6:45-9:30 Mon-Wed 5:25-8 Thu 5:25

**Immortals** (18A) Fri-Sun 12:35-3:10-7:15-9:55 Mon-Thu 5:20-7:50

**In Time** (PG) Fri-Sun 1:05-4-7-9:50 Mon-Thu 6-8:50

**J. Edgar** (PG) No Passes Fri-Sun 12:55-3:55-7:05-10:10 No Passes Mon-Thu 5:50-8:45

**Jack and Jill** (PG) No Passes Fri-Sun 1:30-4:20-7:55-10:20 No Passes Mon-Thu 6:10-8:35

**Moneyball** (PG) Fri-Sun 12:25-3:30-6:40-9:40 Mon-Thu 5:20-8:10

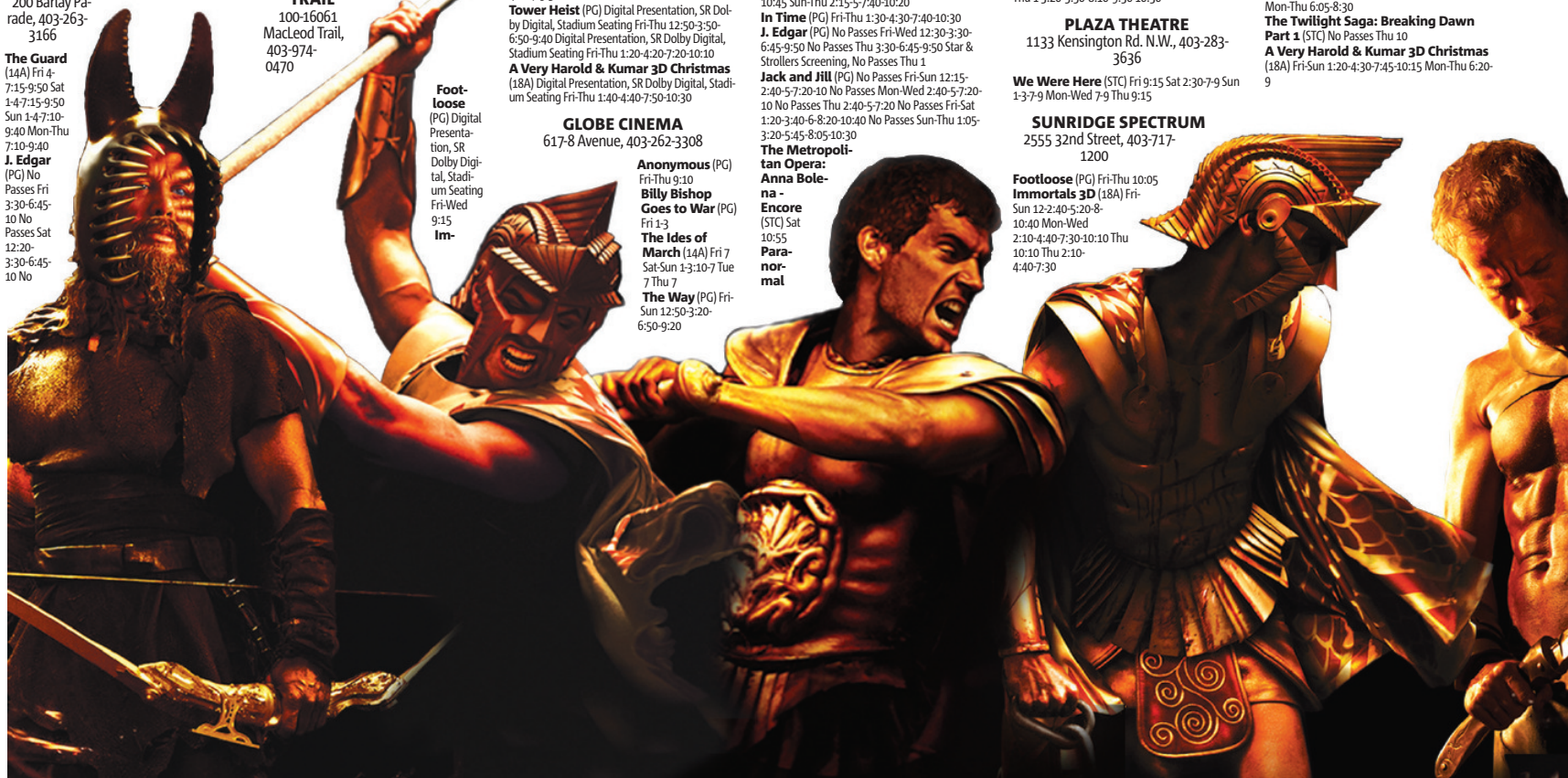
**Puss in Boots 3D** (G) Fri-Sun 12:20-2:30-4:40-6:55-9:20 Mon-Thu 5:30-7:40

**The Rum Diary** (14A) Fri-Sun 12:30-3:35-7:30-10:30 Mon-Thu 5:35-8:15

**Tower Heist** (PG) Fri-Sun 1:10-4:10-7:35-10 Mon-Thu 6:05-8:30

**The Twilight Saga: Breaking Dawn Part 1** (STC) No Passes Thu 10

**A Very Harold & Kumar 3D Christmas** (18A) Fri-Sun 1:20-4:30-7:45-10:15 Mon-Thu 6:20-9



# Groundbreaking Latina actress keeps on dancing

- Oscar-winning star Rita Moreno approaching her 80th birthday
- But she's still on stage six nights a week and stars in a TV show

As Rita Moreno nears her 80th birthday, she's singing and dancing six nights a week in the biographical show *Life Without Makeup*.

Moreno, who debuted on Broadway at the age of 13 in *Skydrift*, won an Oscar for her portrayal of Anita in the film version of *West Side Story*, as well as an Emmy, a Tony, a Grammy and the Presidential Medal of Freedom for her accomplishments in the arts.

Her Anita portrayal helped other Latino artists get work in Hollywood, particularly because a non-

Hispanic actress, Natalie Wood, had the lead role of Maria in *West Side Story* and another white actor, George Chakiris, was cast as the Puerto Rican gang leader Bernardo.

Moreno said in an interview from her home in Berkeley, Calif., that she was happy to see so many more Hispanic faces and names in film, television and theatre.

"But I love what Ricardo Montalban once said, because it was very precise," she added, quoting the late Mexican



► Puerto Rican actress Rita Moreno won an Oscar for the film version of *West Side Story*.

actor. "He said one day that the door was ajar, but not completely open. And that still exists ... We have known artists in the English-speaking world that are Latin artists, but not enough."

*West Side Story* comes out on Blu-ray Nov. 15 to celebrate its 50th anniversary. And Moreno would like to see more song and dance on screen. "I'd love to see more musicals be-



cause today they're very rare — you barely find them," she said.

Besides her run at The Berkeley Repertory Theatre, Moreno also plays Fran Drescher's Jewish mother in the TV series *Happily Divorced*, which starts shooting its second season in January.

"I love working with Fran. She is very delicious, warm, kind ... a good person, very noble," she said.

THE ASSOCIATED PRESS



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# IMMORTALS

EVERYWHERE NOVEMBER 11

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ALLIANCE

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- ROGER EBERT, CHICAGO SUN-TIMES



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- ANN HORNADAY, WASHINGTON POST

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- PETER TRAVERS, ROLLING STONE

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58

metro

metronews.ca

WEEKEND, NOVEMBER 10-13, 2011

# Movember gets its own brew

- ◆ Rickard's running a Movember awareness campaign
- ◆ Donating some proceeds from pints sold this month

## BACKSTAGE PASS

JENNIFER LARAWAY  
METRO CALGARY



We're a couple weeks into November and it seems every-

where you look, there are moustaches taking shape on the faces of the once clean shaven.

Movember has definitely taken over, but thankfully, this fashion faux pas is all for a good cause.

Putting a unique twist on the festivities is Rickard's beer.

While they aren't hosting an event of their own, per se, they still wanted to raise awareness and donations for prostate cancer.

As fate would have it, an event was ironically being hosted in a local pub where Rickard's senior brand manager bumped into the head of Movember. The two got chatting about how they could bridge their efforts to reach even more people.

What started as a spontaneous brainstorming session over a couple cold ones quickly turned into a national campaign.

Rickard's decided to connect with communities all across the country by working through the pubs and establishments they already supply.

Hudson's was one

### Social Media

The first week of Rickard's social media campaign has already raised an impressive \$67,000.

► **Statistics** Prostate cancer is the most common cancer among Canadian men, afflicting one in seven. The disease will be diagnosed in about 25,500 men this year.

of the first to jump on board to get their hands on Rickard's specialty Movember branded glasses, coasters and cans.

For every Rickard's pint sold this month, Molson donates \$0.50.

Plus, if you order the special Movember combo, you get to keep the limited edition Rickard's Movember glass.

Assistant brand manager Darren Quinton explains the marketing.

"This approach spoke to the light-heartedness of both brands. It's comradely for a cause at its finest.

Movember is a movement that enrolls countless people and Rickard's is a brand that brings people together in a pub."

Not a bad event strategy for Rickard's, who just a few months ago was scratching its head and wondering how it could make a difference. It just goes to show the impact a conversation or organization can have on making an event successful, even if they aren't hosting it. For more information on how you can make a difference this November, head to Molson Coors MoSpace on move-mber.com



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HEYDAY FILMS



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# Move over Valerie Bertinelli

► Mariah Carey bringing some serious stardom to Jenny Craig

## THE WORD

DOROTHY ROBINSON  
SCENE@METRONEWS.CA



Jenny Craig attracts, let's say, "mid-level" household names to be their spokespeople. Sara Rue, Valerie Bertinelli, Phylicia Rashad and Jason Alexander are among those C-listers who have been paid handsomely to shill the weight-loss company.

But they must have paid buckets of cash to afford their latest spokesperson, Mariah Carey.

The company's big celeb was revealed Wednesday at New York City's Four Seasons. Carey arrived 20 minutes late to the conference and was escorted all the way to the stage for what we thought would be to take questions from reporters, which is why we were there. Instead, she was just interviewed by Gayle King about her involvement with Jenny Craig, which, by the way, is now just called Jenny.

Carey says she started



► Mariah Carey

Jenny in July and has lost 30 pounds so far. She told King she was approached by three different weight loss companies while pregnant but picked Jenny because she clicked with the people and liked their partnership with the American Heart Association.

"Some other suitors have great money, have great whatever it is that their concepts are, (but) I didn't really connect with the people, and this was only over the phone at first. The first time I spoke with the executives at Jenny it was like

we really clicked in terms of the fact that they had a vision beyond weight loss." We also learned about Carey's love of business calls while in the bathtub.

"Like all day every day when I was pregnant (I was) in the bath, with a towel, seriously, doing business calls, talking to lawyers with water splashing," she revealed.

"(My trainer) Bernardo and I were doing exercises mainly in the water."

As she demo-ed some of her aquatic moves, she made sure to look good in

### Mariah speaks

More highlights from Carey's press conference:

- She doesn't own a scale, and the last time she weighed herself was when the song My All was out.
- Her twins have a new website, dembabies.com
- She bought an ultrasound machine during her pregnancy.

the process: "Let me do it more elegantly for the photo — please don't get a bad angle."

And P.S. Yes, there was a towel in the bathtub. Carey says that she was so embarrassed by her pregnant body that she never went naked.

Anywhere.

"I was never nude. I had a towel on in the tub, I had clothing on in the tub," she told King. "I'm not lying, I promise you. You think I would let Nick see me looking randic like that?"

Rancid? One thing for sure, Mariah Carey will not become the spokeswoman for Earth Mothers International anytime soon.

### Celebrity tweets



so this past week and even today every rumor and lie about me possible has been coming out in the press. Just need to ignore it.



@justinbieber

@NathanFillion

I am determined to find out what @jimmyfallon smells like. A few guesses: Cotton Candy Old Spice Old cotton candy, spiced.

@SethMacFarlane



I can't buy the Superfriends. The "super" part is believable, but no way they're genuinely friends.



@mindykaling

I think I'm excited for Jack & Jill because it seems like one of those movie parody trailers from Tropic Thunder

## Simpson keeps on backtracking

Jessica Simpson insists that there was never any wedding date set in stone for her and fiancé Eric Johnson, despite reports that they'd cancelled a planned November ceremony.

Instead, Simpson says she and Johnson have no plans to marry anytime soon — and they'll at least be waiting until after she gives birth, as she wants to wait until "every-

thing is over so I don't end up being a hormonal Bridezilla," she says in an interview with Entertainment Tonight.

As for why she waited so long to confirm her pregnancy, Simpson explains that she thought her "stomach spoke for itself."

● METRO



Jessica Simpson

## Message to Prince Harry: No 'fornicating'

Prince Harry has moved on to Gila Bend, Ariz., for the final leg of his helicopter training in the U.S. — and his reputation has apparently preceded him.

"We have some very pretty girls here," Gila Bend Mayor Ron Henry tells the Daily Mail.

"Some of the dads won't take too kindly to a

prince fornicating the night away and drinking into the small hours. It is a very quiet town with a lot of good Christian people. This isn't a party

town."

The town boasts 1,700 residents, one bar and a motel built to look like a spaceship.

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3  
life

# The school girl goes to work

► Revisit school uniform staples, such as the necktie, A-line skirt and classic satchel, to build a retro look for work the same way this stylish Londoner did here

MICHELLE BOBB-PARRIS

## Remix her style



► Name: Amy Marks  
► Spotted: London



**KENYA  
HUNT**

LIFE@METRONEWS.CA

METRO WORLD NEWS IN LONDON



1



2



3



4

### 1 ACNE

wedge booties  
\$770, [acnestudios.com](http://acnestudios.com)

### 2 ASOS

blouse  
\$63, [asos.com](http://asos.com)

### 3 RAOUL

skirt  
\$295, [shopbop.com](http://shopbop.com)

### 4 ZARA

messenger bag  
\$90, [zara.com](http://zara.com)

## Style Pick

## KANE DOES DENIM

Christopher Kane's new capsule collection for J Brand has a refreshingly new angle to it: He designed the neon bright denim to complement his resort collection. It's an interesting strategy and one that maybe the H&Ms of the world should explore as well. **KENYA HUNT**



New Canadian Olympic apparel channels retro style and the great outdoors.

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# Hipster in the country

► Country classics used to be reserved for the fuddy-duddy tweedy set ► Then it became the stuff of hipsters ► Now, the trend has had a third wind. Think: Rugged, sexy, woodcutter



2



3



4



5



6



7

## 1 ZARA

cords, \$60, zara.com

## 2 YMC

quilted coat  
\$535, mrporter.com

## 3 UNIQLO

flannel shirt, \$30, uniqlo.com

## 4 SCHOTT NICHOL

welly boot socks  
\$44, asos.com

## 5 TRICKER'S

brogue stow boots  
\$586, my-wardrobe.com

## 6 ALLY CAPELLINO

Frank bag  
\$300, allycpellino.co.uk

## 7 NORSE PROJECTS

agni knit, \$242, oki-ni.com

**RICHARD PECKETT**  
LIFE@METRONEWS.CA  
METRO WORLD NEWS IN LONDON

## Men's style pick

### One cap fits all

The humble flat cap has broken down more social barriers than any government can lay claim to. Worn by royals, ruffians, market traders and famous types like Daniel Craig, Justin Timberlake and Brad Pitt, the cloth cap is as versatile as it is practical.

► RICHARD PECKETT



## BARBOUR TARTAN CAP

\$49, barbour.com

## Jeanne Space



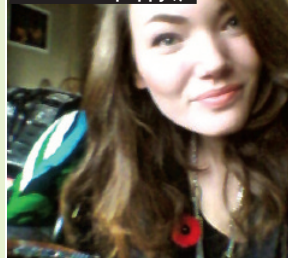
In this hectic modern world, Twitter has become a cool and succinct way of communicating. It allows me to be accessible, instantly speak my mind, and connects me with all kinds of people. Whether it's a fashion question, or you just want to comment on life's bigger picture, I'd love to hear from you.

TUNE INTO FASHION TELEVISION EVERY SUNDAY AT 5:30 P.M. (ET) ON CTV. JEANNE BEKER'S FINDING MYSELF IN FASHION (PENGUIN) IS AVAILABLE IN BOOKSTORES NATIONWIDE.



@Jeanne\_Beker: Have YOU been wearing a poppy this week? Tweet me a pic! Fab fashion statement AND an important way to remember our heroic war veterans.

► @AlyssaWngd: rockin' the poppy :)



► @Jeanne\_Beker: LOVE it!! xx

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metro

# Small space holiday dining

► Versatility is the key when choosing dining furniture for your home

## DESIGN CENTRE



KARL LOHNES  
HOME@  
METRONEWS.CA

**Q: I will be hosting Christmas dinner this year so I quickly need to furnish my dining area.**

**The room is 9x9 and is part of an L-shaped living/dining room in my condo.**

**What size/style of table and chairs should I buy?**

**Beatrice Kingston, Alberta.**

**A:** Choose an appropriately sized table to suit your day-to-day needs, not a size that you will only use occasionally when more than extra guests come over.

Find a table that is expandable in order to accommodate a more than average amount of guests on special occasions.

Your dining space is fairly small, so I suggest choosing a 42-inch round table, which will seat four people comfortably on a daily basis, or up to six in a pinch.

A round topped, pedestal based table will be your best choice as there will be

### The breakdown

**Karl's mathematical rules for dining decor:**

- Allot for 30-36 inches of walking space on all sides of your table.
- A dining room light fixture should be hung 30-36 inches above the table.
- Each foot of the room's width equals two inches of diameter for the dining light fixture.
- An area rug should be 18-24 inches larger on each side of your table.
- Every two linear feet of table edge allows for one guest to be seated.

no corners or legs to contend with, ultimately giving you more freedom as to where guests can be seated.

If the table is expanded for extra guests then allow the longer shape to creep into the living area when entertaining.

Buy four comfortable Parson-style dining chairs that will permanently sit around the table. They then can be brought into the living area space when extra

seating is needed.

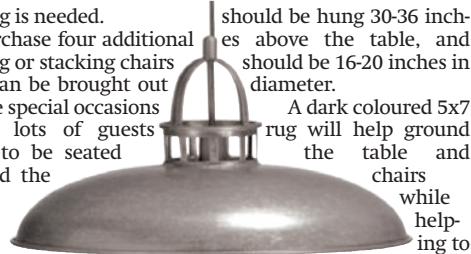
Purchase four additional folding or stacking chairs that can be brought out on the special occasions when lots of guests need to be seated around the table.

Adding a slim bookcase or credenza against the back wall will offer up great storage for extra dishes, wine glasses and linens as well as create a place for serving dishes while dining.

Keep the overall look of it light and airy so it doesn't visually fill up the small dining space.

A hanging light fixture will help define (and illuminate) your new table.

The fixture



► Victory Pendant, \$179, CB2



► Avalon Extension Table, \$599, Crate and Barrel



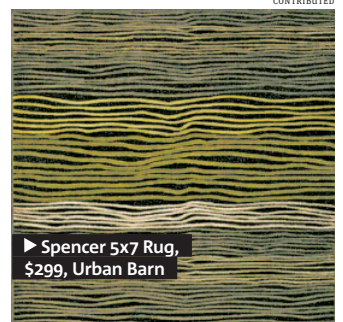
► Redar Stacking Chair, \$50, Ikea



► Reflection Sideboard, \$999, Urban Barn



► Willoughby Chair, \$300, West Elm



► Spencer 5x7 Rug, \$299, Urban Barn

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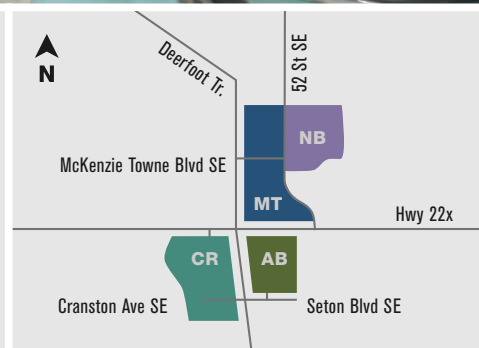
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# Getting benched ain't so bad

► Grace Bonney tells us how to turn a flea market find into a life-saving storage unit for your home



## DIY IDEAS

JOHNNY MILLER

### Rolling storage bench

- 1 Flip your box upside down and attach casters to the four corners. Use screws that are short enough that they don't come through to the interior of the box.
- 2 Flip the box upright and measure from edge to edge for your box top. Cut your plywood box top to fit, and sand the edges.
- 3 Lay your foam on the floor and place the box lid on top. Trace around the edges of the

plywood lid and cut the foam to size with a utility knife or electric knife.

- 4 Repeat step 3 with the batting, leaving a three-inch border of batting on all sides so you can pull it over the foam and staple it to the back of the plywood lid. Repeat the process with your fabric.

- 5 With the fabric facedown on the floor, centre the batting and then the foam on top. Place the wooden lid on top of these three layers and pull the batting and fabric over the edges of the lid, using a staple gun to secure them. Work your way around the edges of the lid,

pulling the fabric taut and stapling as you go.

- 6 Once you've finished stapling, cut off any excess fabric. If you want a more polished look for the underside of the box lid, cut a piece of fabric one inch smaller (on all sides) than the lid and staple this in place.

- 7 If you have children, or would like to ensure that your lid is secure, you can install safety hinges, which will keep the top from sliding or slamming down on small fingers.

EXCERPTED FROM DESIGN SPONGE AT HOME BY GRACE BONNEY

### Materials:

- Old box (try thrift stores, craigslist, flea markets, and eBay for similar versions)
- Casters and mounting screws
- Screwdriver
- Measuring tape or ruler
- Sturdy, midweight plywood (for your lid)
- Saw (if you choose to cut your own lid)
- Sandpaper
- Foam (use two-inch foam at least, to create a comfy seat)
- Box cutter or electric knife
- Batting
- Scissors
- Fabric
- Staple gun and staples
- Hinges (optional)

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# Canning season all year long

- Make your own preserves whenever you have time
- Seal in the flavour while foods are still fresh



► Food preservation saves money, encourages creativity and puts a quality product on the family dinner table.

For Daniel Gasteiger, the holiday season begins in May when the rhubarb and strawberries ripen. That's when he starts putting foods by for the many people on his gift list.

The process continues with cherries, tomatoes, sweet corn, cucumbers, apples, melons and a variety of successive garden crops.

"If you don't deal with them when they're fresh, you're not preserving them," said Gasteiger, author of *Yes, You Can! And Freeze and Dry It, Too* (Cool Springs Press).

"Then they can sit on a shelf until wrapped as presents for neighbours, teachers and others."

Hear the word "preserving" and people think canning or freezing, said Gasteiger of Lewisburg, Pa. But there is also dehydrating, sugaring, fermenting, quick pickling, smoking, salting and cold storage.

"The way we go about it hasn't changed much over the years, but the technology is better," he said.

All food preservation techniques delay or stop spoilage while sealing in flavour and nutritional value. Yet each does some-

## Not just for Nana

► "The face of canning is changing," said Lauren Devine-Hager, a product research and test-kitchen analyst with Jarden Home Brands. "It's not driven by grandmothers in rural settings anymore. It's becoming especially popular among women (ages) 27 to 45 in urban and suburban areas. They want to enjoy it all year long."

thing different. In some cases, new foods are even created — raisins from dried grapes, for example.

Here is a sampling of the most common methods and how they compare

**Canning** preserves fruits and vegetables, jams and jellies, pickles, relishes and meats so they can be stored for months without refrigeration. Canning cooks food, however, changing its makeup and flavour.

**Freezing** leaves you with fresher flavours but transforms textures. "Produce tends to become mushy," Gasteiger said.

**Dehydrating** gives fresh foods remarkable longevity, with vegetables rehydrating especially well for cooking. Think bananas, or those fruit and vegetable remnants that ripen so quickly in the kitchen.

**Fermenting** is submerging vegetables in saltwater, and brine produces lactic acid, which is a food preservative. But: "Vegetables soften and develop a tangy flavour that some people don't care for," Gasteiger said.

**Cold Storage** root crops, including potatoes, carrots, yams, beets and turnips, have tremendous staying power under the right conditions. They will remain fresh for months in a dark, dry environment. Potatoes prefer a place maintained at around 13 C. Carrots, beets, rutabagas and cabbage keep longest when cooled to 1 C.

You don't need a garden to put up fresh foods year round. Shop the sales. Seek out farmers markets and roadside stands. Buy in bulk. Patronize U-Pick operations and orchards.

THE ASSOCIATED PRESS

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# Cleaning house for holiday company

► Don't have all day to clean? Here's how to make the place look good, fast

A thorough housecleaning can take all day — maybe all weekend. And as satisfying as that can be, sometimes you just don't have the time or the motivation.

But with the holidays just around the corner, we all want our homes to look good for parties, drop-in visitors and relatives.

Here's some advice on cleaning high-profile spaces in a hurry for maximum visual and psychological impact.

## Prioritize

"Concentrate on the public areas: the living/family room, dining room and bathrooms. Prioritize what has to be done (replenishing toilet paper in the bathroom) versus what would be nice to do (dusting the picture frames)," said Deanne Marie, creator of

Smart Solutions for Busy People books and blog.

Marie suggests taking a timer with you from room to room (use the one on your cellphone if you don't have a kitchen timer) and setting it for 15 minutes in each room as a way of forcing yourself to "focus on the necessities."

## Hide clutter

Marie calls it the "Hail Mary" pass of housecleaning: Cover up the mess when you can't get rid of it!

The Maids, an American cleaning franchise, advises simply piling your miscellaneous countertop clutter in a laundry basket and sticking it in the closet.

## Look around

Cheryl Najafi of Cheryl-Style.com, an entertaining expert, recommends see-

ing your house the way your guests will. Take the "sit test," Najafi says: "If you're hosting a party in the formal living room, make sure you sit down and survey the room. You'll see things from a different vantage point. Like those dust bunnies in the corner!"

## Bathroom

If there's one room where bad housekeeping can really gross out your guests, it's the bathroom. Fortunately, the must-dos are relatively easy to accomplish, and may even be best left to last-minute so nobody in your family can make a mess before guests arrive.

Giving the toilet bowl a scrub with a brush, as unpleasant as it is, must be top on your list. You're also going to have to wipe

down the seat and rim. (Disposable Clorox wipes are great for this purpose.)

## Outerwear

Give a thought to where your guests will unload coats, boots and bags. Is your hallway closet big enough? Can you set up a foldable coat rack or do you have a set of hooks on the wall? Most people don't mind leaving jackets on a bed; just make sure the bed is made.

## Floors

Is there anything worse than having a dust bunny accompany your guest down the hall? Vacuuming is such a drag, but it makes such a difference. Remember, though, you don't have to do every room and corner — just the areas guests will see. **THE ASSOCIATED PRESS**



► If you don't have time to get rid of the mess before company arrives, hide it!

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# WHEN RUBBING IT IN ISN'T A GOOD IDEA

## CHARLES THE BUTLER



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Dear Charles the butler,  
We recently purchased a  
Natuzzi sofa in beige mi-  
crofibre.

Unfortunately our cat  
vomited on it twice during  
the night and by the time  
we found out it had dried.

I tried to clean it with  
water but the stains are still  
there.

Are there any chemicals  
that would clean it?  
Maria

Hello Maria,

If only we could train  
our pets to be sick on the  
kitchen floor rather than  
on rugs, furniture and  
beds! OK, let's deal with  
the stain.

You have two options:  
you call a professional up-  
holstery cleaning compa-  
ny or you can attempt to  
clean it yourself.

Now this depends how  
confident you are. I per-  
sonally would give it the

old college try, but of  
course it's up to you.

Remember that every  
stain revolves around  
three things: speed, clean-  
ing agent and technique.

### 1 Speed

I assume and hope  
you tried to take as  
much of the vomit's "vol-  
ume" off the coach before  
anything else.

A spatula or soft plastic  
spoon is ideal for this.

Dealing with stains  
quickly is very important  
to success.

### 2 Cleaning agent

In a large bowl, mix  
2 cups of warm wa-  
ter, 1 tbsp of table salt, ½  
cup white vinegar, 1 tbsp  
clear dish soap and 2 tbsp  
rubbing alcohol.

Mix well by hand until  
all is dissolved.

### 3 Technique

Dip a clean sponge  
into your  
homemade solution.

Remove some liquid  
from the sponge and then  
press into your vomit  
stain.

Don't rub in the solu-  
tion. Instead, apply it to  
the stain and then absorb  
the moisture with a clean  
paper towel or an old  
clean towel. Again, don't  
rub it in.

What you are essential-  
ly doing is applying the  
homemade cleaning solu-  
tion and then absorbing  
the liquid vomit mixture  
back in a clean cloth.

Do this repeatedly back  
and forth until it appears  
that all of the vomit stain  
has been removed.

Now before you try  
this, please test it out on  
an area of the sofa that  
will never be seen.

I'm confident in the  
technique, but I want to  
know how the microfibre  
fabric will respond to the  
cleaning agent.

Once you test it, this

will give you the answer  
to either proceed confi-  
dently or call a profes-  
sional.

Please let us know how  
this stain removal tech-  
nique turns out for you.

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**"Remember that  
every stain  
revolves around  
three things:  
speed, cleaning  
agent and  
technique."**

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## Down under's most delicious



**PETER ROCKWELL**  
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Canadian writer Natalie MacLean is a liquid media juggernaut whose internet newsletter and best-selling book *Red, White And Drunk All Over* have helped countless newbies discover that there's more to life than whatever they usually drink.

Her just released new title — *Unquenchable: A Topsy Quest For The World's Best Bargain Wines* (Doubleday Canada, \$29.95) — is a smart, fast-paced chronicle of her adventures looking for cheap vino around the world and meeting industry celebs along the way.

Arguably the biggest name was Peter Gago, chief winemaker extraordinaire at Australia's Penfolds and the current "custodian" of Down Under's most prestigious (read expensive) red wine: Grange.

I had a chance to hang out with Gago a few weeks ago and tasted a selection of Grange from some of the wine's most stellar vintages. While that was a once in a lifetime experience, drinking Penfolds' wines doesn't necessarily mean taking out a second mortgage.

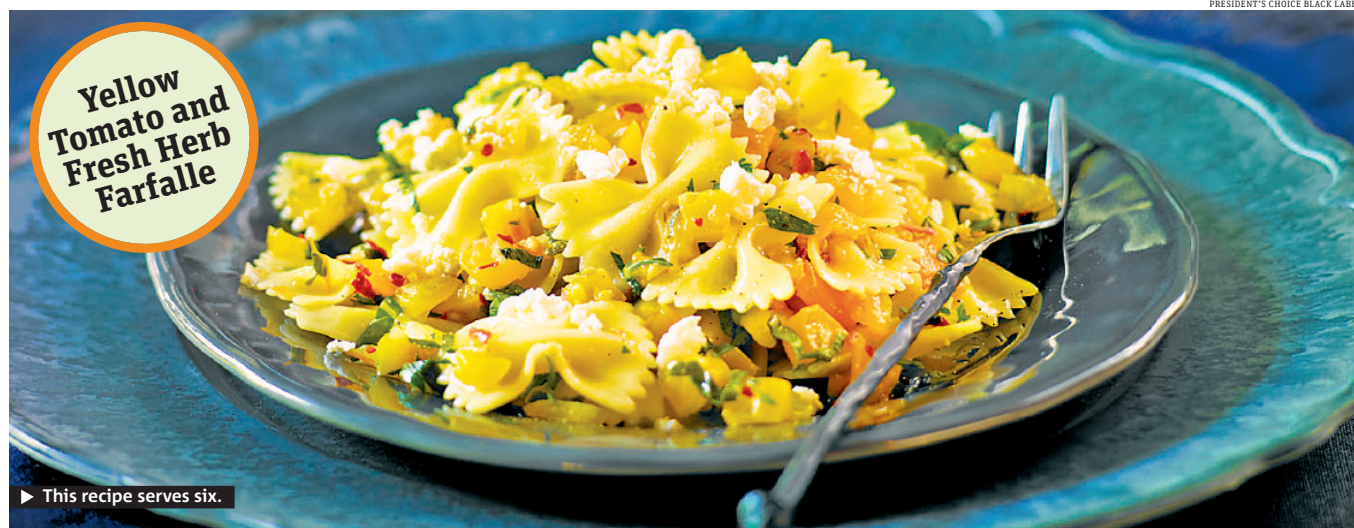
The 2009 Koonunga Hill Shiraz Cabernet (\$15.49 - \$16.99) is a liquor store mainstay with a nice mix of lightly peppered fruit swirled together with some forward blackberry goodness that holds up as a by-the-glasser as well as it does paired with a late fall barbecue.

**PRICES REFLECT THE RANGE ACROSS CANADA. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**



# Fancy plating made easy

- Entertaining guests can be stressful
- Make it easier with quick recipes that present well
- Yellow Tomato & Fresh Herb Farfalle is a great option that only takes 40 minutes to make



**Yellow Tomato and Fresh Herb Farfalle**

► This recipe serves six.

Guests — whether expected or unexpected — can be a lot of fun. To help you focus on the fun instead of the stress of entertaining, this Yellow Tomato and Fresh Herb Farfalle pasta is perfect.

Vegetarian guests will love it and if you want, you can top it with some grilled chicken for those guests who insist on having meat in their meal.

### Preparation:

**1** In a saucepan of boiling water, cook the pasta 7 to 9 minutes or until it is tender but firm. Drain.

**2** Meanwhile, in a non-stick frying pan, heat the oil over medium heat; cook the shallots, garlic and hot pepper flakes for 2 to 3 minutes. Stir in the Whole Yellow Tomatoes and juices,

basil, parsley, tarragon, salt and pepper. Bring to a simmer; cook 2 to 3 minutes.

**3** Add the drained pasta to sauce; stir to combine. Transfer to serving bowl; sprinkle

with cheese and serve.

**PRESIDENT'S CHOICE BLACK LABEL**

### Ingredients:

- 4 cups (1 L) PC black label Farfalle Pasta
- 2 tbsp (25 mL) olive oil
- ¼ cup (50 mL) chopped shallots
- 2 tsp (10 mL) minced gar-

- lic
- ¼ tsp (1 mL) hot pepper flakes
- 1 can (400 mL) PC black label Whole Yellow Tomatoes, chopped
- ¼ cup (50 mL) sliced fresh basil

- 2 tbsp (25 mL) each chopped fresh Italian parsley and tarragon
- 1 tsp (5 mL) sea salt
- ¼ tsp (1 mL) black pepper
- 1/3 cup (75 mL) crumbled PC Soft Unripened Goat's Milk Cheese

## Impress dinner guests with a seemingly difficult appetizer that is ready in just 20 minutes



► This recipe makes 10 servings.

### Cheddar Bacon Marmalade Toasts

Smoky, sweet and with a touch of tang, bacon marmalade is tantalizing atop crisped slices of baguette smothered in melted, bubbly cheddar. Your guests will adore this elegant hors d'oeuvre.

### Preparation:

**1** Preheat oven to 350°F (180°C). Line baking sheet with parchment paper.

**2** Slice baguette into 40 1/2-inch (1 cm) thick slices, discarding heels.

Place flat on prepared baking sheet. Brush tops with oil. Bake 5 mins. or until lightly toasted

**3** Sprinkle with cheese; bake 8 to 10 mins. or until cheese is bubbling and toasts are crisp. Transfer toasts to a plat-

ter. Place small dollop of Bacon Marmalade Spread on each toast, dividing marmalade evenly. Top each with a piece of pear. Sprinkle with thyme and serve.

**PRESIDENT'S CHOICE BLACK LABEL**

### Ingredients:

- 1 PC French Baguette
- 2 tbsp (25 mL) olive oil
- 1-1/2 cups (375 mL) shredded PC black label 8 Year-Old Canadian White Cheddar Cheese, about 160 g

- 2/3 cup (150 mL) PC black label Bacon Marmalade Spread
- 1 Bartlett pear (skin on), cored and cut in 20 wedges, each wedge cut in half cross-wise
- ½ tsp (2 mL) fresh thyme leaves

# PROTECT YOUR VISION

## MISUSE OF HAND-HELD DEVICES, LAPTOPS CAN STRAIN EYES: EXPERTS

Some people say the eye is the most precious organ. That makes it all the more important to preserve and protect your vision throughout life, from infancy to old age.

But misuse of today's growing array of hand-held and laptop gadgets can strain the eyes, making it difficult to maintain vision health.

One of the biggest problems, says Samuel N. Markowitz, a Toronto ophthalmologist, is using these devices in sub-optimal viewing conditions. For example, people sit in bed shining a tiny bright light on their iPad, or use their BlackBerry in dark subways.

In an office environment, the overhead lighting shouldn't be "stark," says Joe Chan, a Mississauga optometrist. "Fluorescent lighting can bother the eyes." Instead, use a desk lamp with an adjustable arm that focuses diffused light on what you are working on.

Chan recommends keeping the computer screen "a good arm's length away" from your eyes and at a downward angle. As well, he suggests the "20-20" rule: Looking at something about 20 feet away from the screen every 20 minutes or so to give your eyes a rest. "When you stare at the screen, you don't blink," he says. "Your eyes try to compensate by watering,



ISTOCKPHOTO/THINKSTOCK

and this dries them out and can damage the surface of the eye."

Years of eye strain can start to interfere with vision as people reach the age of 30 or 35, says Markowitz. Your specialist can check for eye problems, including presbyopia, age-related loss in flexibility of the eye's lens, and hyperopia, or far-sightedness, which can be corrected with prescription eyewear.

A common cause of eye problems is not taking proper care of contact lenses, which have become extremely popular. "I think it's part of human nature to try and cut corners," and not clean and soak lenses diligently, says Chan. Improper care can lead to a buildup of protein on the surface of the eye.

And don't ever leave your contact lenses in overnight, say both Chan and Markowitz.

— Pauline Anderson

## ENJOY GIFT OF CLEAR SIGHT WITH LASIK

Thinking of treating yourself this Christmas? There's no better time to consider the gift of clear vision with laser vision correction.

LASIK is a safe and effective alternative to glasses and contacts as evidenced by its 20-year track record. Over that time, more than 35 million LASIK procedures have been performed around the world. The LASIK procedure corrects common refractive errors such as nearsightedness (myopia), far-sightedness (hyperopia) and astigmatism (irregular curvature of the cornea).

"The surgery is painless and quick, taking less than 10 minutes of operating room time," said Dr. Mark Cohen, co-founder and national medical director of LASIK MD, Canada's only national laser vision correction provider. "The procedure is characterized by short recovery times, as most patients are able to return to work the following day with dramatically improved vision."

LASIK has minimal side-effects, and most are temporary or easily treatable. The few reports of glare and halos at night that some patients used to complain about have all but disappeared thanks to technological advances.

You may be a good candidate for laser eye surgery even if your prescription isn't stable. Past prescription changes are not a good predictor of future changes and do not help deliver more predictable or safer results.

Another misconception is that the surgery is an unaffordable luxury. When you consider the annual costs of glasses, contact lenses and solutions, you will likely find that LASIK is more economical in the long term.

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## IT'S EASY BUYING EYEGLASSES AND CONTACTS ONLINE

Alana Jestadt, 28, a manager of a Toronto spa specializing in natural products, has been wearing glasses and contact lenses since she was a teenager. Tired of paying out of pocket for her prescriptions, and with limited resources, she started to explore online options.

She learned that by eliminating the costs and markups that go into running and staffing a retail outlet, online companies can save her a bundle — up to 70 per cent — and she can still get a beautiful pair of designer glasses.

Buying online is not only less expensive, but more convenient than coping with crowds and long waits for in-store service.

And it's an easy process. After getting an updated prescription for glasses or contact lenses from a trusted eye care professional, "just head to our site and browse for your perfect pair of frames," says Erin Taylor-Mitchell, executive editor, ClearlyContacts.ca, an online Vancouver-based optical store. "You can narrow your search based on size, brand, price, shape and colour. Once you've found your favourite frames, simply enter your prescription,

## VIRTUAL LENSES



choose your lens, and check out."

The site helps customers choose the most suitable frames, and for someone like Jestadt in the beauty and service industry, this is a real plus. She loves using the ClearlyContacts.ca "virtual mirror" and getting her friends to comment on how each pair looks after send-

ing them an online photo. She also enjoys using another tool that helps her find the glasses that best complement her unique face and features.

Jestadt also appreciates the fast door-to-door service. "Our goal is to get your glasses to you in less than five business days, but have been known to

surprise people with next-day delivery," says Taylor-Mitchell. She adds that free shipping is also currently available for orders over \$99.

And if Jestadt changes her mind? The company has a 365-day return policy and even pays return shipping.

— Pauline Anderson

## CHANGING VIEWS

Most of us have access to corrective eyewear that allows us to clearly see the beautiful world around us. But not everyone is so lucky. Some 560 million people in this country and around the world have vision problems and, for them, buying eyeglasses is simply a pipe dream.

ClearlyContacts.ca founder Roger Hardy has stepped in to change that. Last year, he started a charity project called Change the View. To date, his company has donated thousands of pairs of glasses to needy people throughout Canada, the United States, and as far away as West Africa, Kenya, New Delhi, Haiti, Honduras and Panama.

"We believe that everyone has the right to clear vision and we want to help make this right a reality," explains Hardy.

"Poor vision can lead to injuries that are preventable, limited learning capability for kids in school, and loss of employment. Being able to see clearly results in increased earning potential and improved quality of life."

Every time you buy frames from participating designers, a second pair — the frames as well as prescription — is donated to someone in need.

## FASHION STATEMENT

From runways and big screens to classrooms and boardrooms across the country, glasses today are more of a fashion statement than ever before. Celebrities help shape what's hot in eyewear; think Justin Timberlake's big and bold square glasses, or Tina Fey's sleek and refined oval-shaped specs.

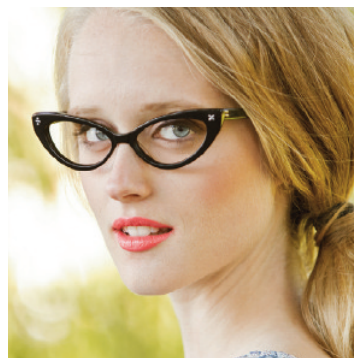
Once merely functional, eyeglasses are now a fashion staple. "Glasses have transformed from being a needed medical device to a wanted fashion accessory that can totally transform your outfit," says Erin Taylor-Mitchell of ClearlyContacts.ca. "The fact that people purchase frames with non-prescription lenses just so they can rock the latest geek chic style is a perfect example of this."

This geek chic look combines vintage shapes like oversized square frames with retro colours such as rich tortoise shell, says Taylor-Mitchell. Another big trend today is vintage style frames, thanks to the popularity of TV shows such as *Mad Men* and *Pan Am*.

And watch out for frames in loud colours like lime green and bright orange, as well as novel hues such as burgundies and purples.

There are also leopard skin and other bold prints and patterns to choose from.

Having multiple pairs of glasses to



match different outfits is also the rage. "Just recently, we asked our customers how many pairs of glasses they owned and were impressed to see collections ranging from three pairs to over 15 different pairs," says Taylor-Mitchell. "With glasses now being affordable, our customers are able to change up their look depending on the occasion. What woman wouldn't love to have a pair of glasses to match each of her pairs of shoes?"

The optical market has expanded to accommodate the growing demand for glasses that express one's personality. "We believe that glasses are an extension of who you are," says Taylor-Mitchell. "Glasses are the first thing people see, which is why it's so important to live your style and personality through them."

## CLEARLY CANADIAN

While working for a contact lens manufacturer, Roger Hardy discovered that optical stores significantly mark up prices for contact lenses and eyeglasses. Recognizing an opportunity to better serve customers, he founded ClearlyContacts.ca in 2000.

Since then, the Vancouver-based company has become the largest online optical store in Canada, with sales of glasses growing by a whopping 100 per cent every year. Analysts expect company revenues to exceed \$180 million in 2011.

To date, ClearlyContacts.ca has sold more than one million pairs of eyeglasses. More than three million customers can choose from a selection of more than 1,500 designer styles that constantly changes.

All the company's glasses are manufactured in Canada by a talented team that uses the highest quality materials. And the products are delivered right to your door — at home or the office.





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# LOOKING AT DIGITAL TECHNOLOGY

## SPECIALISTS ABLE TO DIAGNOSE EYE CONDITIONS WITH NEW TOOLS

More and more, eye specialists use digital technology to diagnose eye conditions at an earlier stage, and to monitor their progress, says optometrist Joe Chan.

For example, this technology makes it easier to detect nerve damage at the back of the eye, which is a hallmark of glaucoma. "You can tell if there's a loss of nerve tissue down to the nanometer," Chan says.

Digital technology is also used to make progressive lenses (the ones with no discernable line between distance and close up) that minimize distortion. Computerized equipment customizes lenses by grinding them to the exact shape required, factoring in parameters such as where the lens sits on the face and the size of the frames.

"Digital technology has been able to widen the usable area for reading and for distance," says Chan, adding that you are less likely to have peripheral distortion with a lens that was manufactured using digital technology.

For eyeglasses, the protective coating on the lenses is constantly



ONTARIO ASSOCIATION OF OPTOMETRISTS

changing, says Samuel N. Markowitz, a Toronto ophthalmologist. "There are new materials, new features, that correct the glare or improve the contrast all the time, and they're being improved every year."

These days, many soft contact lenses contain silicone, which makes them more permeable, allowing oxygen into the eye, and providing more protection

for the cornea, says Chan. "Sometimes patients are better able to tolerate these newer lenses," he says.

While disposable contact lenses have been on the market for some time, they are becoming increasingly popular because of their convenience, says Chan.

Down the road, contact lenses may be used to help treat eye disorders. The

idea is to have them slowly emit medications — for example, antibacterials for infections and antihistamines for allergies — right onto the eye.

They would be ideal for older patients with, say, glaucoma, who have difficulty putting drops in their eyes. These contacts, says Chan, "are on the books" but not yet on the market.

— Pauline Anderson

## DRY EYES MAY BE MORE THAN A NUISANCE

They say the eyes are the gateway to the soul. They hold emotion, help us navigate our environment and are vital in our everyday. But, for many Canadians, dry eyes can be the source of a lot of discomfort and a reduced enjoyment of life.

Have you ever experienced itchy, stinging, or painful eyes? These symptoms could be more than just a nuisance; they may be the result of Dry Eye disease. Dry Eye disease is a condition

where the eyes do not produce the right quantity or quality of tears. However, the effect of chronic Dry Eye disease is more than just a lack of tears and moisture. It can leave people at risk for more serious problems, including impaired vision and an increased risk of eye infection, and seriously affect their quality of life.

Symptoms of Dry Eye can vary greatly from one person to the next, often fluctuating throughout the day, usually

becoming worse later in the day. The severity of the symptoms can also range.

If you are experiencing any of these symptoms and feel they are beginning to affect your quality of life, an eye care professional (ophthalmologist or optometrist) can check for the signs and symptoms of Dry Eye.

To learn more about Dry Eye disease, speak with your eye care professional or visit [nomoredryeye.ca](http://nomoredryeye.ca). — News Canada

### COMMON SYMPTOMS

Here are common symptoms of Dry Eye: Achiness; blurry (fluctuating) vision; burning; dryness; discomfort (irritation); foreign body sensation (sandy or gravel sensation); grittiness; itching; pain; sensitivity to light; eye redness; scratchiness; soreness; sticky tears; stinging; swollen, red eyelids; watery eyes (including over-watery eyes); tired eye.



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# Bourque needs to look alive

## THE HOCKEY NEWS

BRIAN COSTELLO  
CALGARY@METRONEWS.CA



Maybe there's a reason why Rene Bourque isn't moving his feet on the ice these days. Since Halloween, Bourque has turned into a pumpkin and pumpkins don't have feet.

Whether he's a pumpkin or not, one thing is clear. There's a No. 17 on the ice wearing a Flames jersey that isn't much more than an ornament. While he does remarkably lead the team in goals with five, Bourque looks lost and uninspired when he doesn't have the puck. And when he does get the disc, he's not doing much with it. He's goal-less and effectively effortless in the past six games. What's more, dude doesn't have an assist all season.

What happened to the Bourque who arrived here in 2008-09 with a boatload of energy and drive? There were many games his first two seasons in Calgary in which he was the best Flame. He was a burgeoning power forward who skated with authority in the offensive zone, took the body and showed a nice touch around the net.

Now Bourque is relying on that scoring ability alone to make a contribu-



► Rene Bourque hasn't recorded an assist yet this season, and is scoreless in the last six games.

tion. When he's not doing much of that, he's not doing much of anything.

If I didn't know better, I'd say Bourque is displaying horrible body language because he isn't on the first or second line, falling behind Alex Tanguay and Curtis Glencross in pecking order. Bourque started Tuesday's game on

a line with Matt Stajan — and it's really saying something when you get outplayed by Stajan.

Bourque is still getting as much ice time as past seasons and even more on the power play. He's just not skating or getting involved like he should be. He's not the only Flame guilty of that this season.

Jarome Iginla has looked like a lead foot as well, but at least Iggy has fire in his eyes and contributes in other ways.

With Mikael Backlund due back any day from the injury list, that makes three extra forwards. GM Jay Feaster has said there's no time for patience if losses mount, so expect

moves soon. It would be a huge mistake to send Roman Horak to the AHL just because they can. He's a keeper. That means three's a crowd.

Three extra forwards means one will have to go and two will have to sit in the press box. It's time to put Bourque in one category or the other.

# 4

  
sports

### Quoted



**"This is a tragedy. It is one of the great sorrows of my life. With the benefit of hindsight, I wish I had done more."**

JOE PATERNO, THE PENN STATE FOOTBALL COACH WHO PREACHED SUCCESS WITH HONOUR FOR HALF A CENTURY BUT WHOSE LEGEND WAS SHATTERED BY A CHILD SEX ABUSE SCANDAL INVOLVING HIS FORMER ASSISTANT, SAID YESTERDAY HE WILL RETIRE AT THE END OF THIS SEASON.

## NBA deadline passes, bargaining continues

As commissioner David Stern's deadline passed, the NBA and its players continued negotiating yesterday in an attempt to end the lockout.

The two sides met for more than seven hours to try to hash out a deal to save the season.

Stern had issued an ultimatum to players: Accept the league's latest proposal by 5 p.m. ET Wednesday or it would be replaced with a much

harsher one that would drive the sides even farther apart.

Players said Tuesday they wouldn't accept the current proposal as configured and suggested another negotiation session.

The current offer calls for players to receive between 49 per cent and 51 per cent of basketball-related income, though union officials said it would be impossible to get above 50.2 per cent.

Players were guaranteed 57 per cent of BRI under the previous collective bargaining agreement.

The next proposal would call for a 53-47 revenue split in the owners' favour, essentially a hard salary cap and salary roll-backs, which the league originally sought but had taken off the table.

Both proposals were sent to union executive director Billy Hunter on Sunday.

The meeting featuring small groups from both sides was arranged yesterday morning.

Lawyer Jeffrey Kessler took part along with other union negotiators, hours after saying he regretted telling the Washington Post that owners are treating players like "plantation workers" during the ongoing lockout. He added he planned to call Stern and apologize.

THE ASSOCIATED PRESS



► David Stern yesterday.



Scan code for more sports news.

# Same old questions for Sidney

► Crosby grows weary of return date speculation ► Return to action on Friday remains a possibility

Sidney Crosby skates hard and fast into a corner, picks up a loose puck and fends off a check. Moments later, he's leading one of those up-ice rushes that look so effortless when he's out in front.

The scene is playing out numerous times during Pittsburgh Penguins practices, and it did so again Wednesday during a strenuous 75-minute session that left even the superbly conditioned Crosby sweating and a bit out of breath.

As usual, Crosby was in the middle of everything — the shooting drills, the endurance-building dashes from goal-line to goal-line, the odd-man rushes. Even if he weren't wearing the captain's C, it would be evident after a few minutes that he is the Penguins' leader, the player who makes everything go.

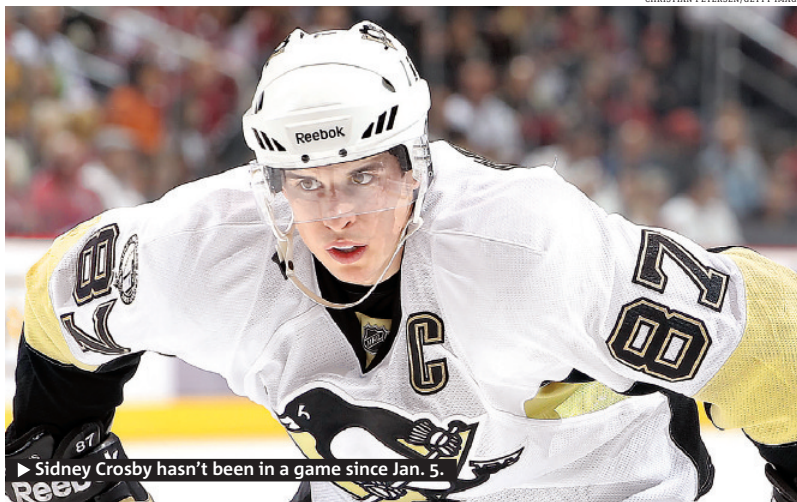
Except during games.

The Crosby Watch — the countdown to when the NHL's marquee player returns to game action — remains ongoing, with no definitive date in sight as he recovers from a concussion.

Asked about possible linemates when Crosby does return, coach Dan Bylsma said, "There's no timetable, no date yet for his return. We haven't gotten to that thought process yet."

And Crosby hasn't reached the point yet where he can play.

Crosby, normally more than accommodating with the media, was a bit testy as he declined to talk with reporters, a possible sign he is growing weary of the constant when-will-he-be-back speculation. Crosby also may not talk following



► Sidney Crosby hasn't been in a game since Jan. 5.

Thursday's practice or Friday's morning skate.

Crosby did have several leisurely and friendly chats with reporters about topics far removed from his sta-

tus, but did not speak on the record.

On Monday, Crosby said it was a "possibility" he might play as early as Friday against the Dallas

Stars, thereby triggering fan and media speculation his return was imminent. It was the first time this season that Crosby hadn't declined to rule himself out

of the Penguins' next game.

But Crosby also said he wasn't counting out any other date on the Penguins' schedule — not just Nov. 11 — a point he apparently believes was overlooked.

On Tuesday, additional conjecture that a Crosby return was near developed after the Penguins traded Mark Letestu to Columbus for a fourth-round draft pick and sent fellow centre Dustin Jeffrey to AHL Wilkes-Barre/Scranton on a rehabilitation assignment.

Those moves came amid a 12-day stretch in which the Penguins are playing only twice, thereby giving Crosby considerably more practice time and contact than earlier in the season. Such contact was necessary before Crosby could be cleared medically to play.

THE CANADIAN PRESS

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	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Pittsburgh	15	9	3	1	2	45	34	21	4-1-1-0	5-2-0-2	6-3-0-1	W1
d-Toronto	15	9	5	1	0	46	51	19	5-2-1-0	4-3-0-0	5-5-0-0	L2
d-Washington	13	9	4	0	0	50	38	18	6-1-0-0	3-3-0-0	6-4-0-0	L2
NY Rangers	14	8	3	1	2	38	30	19	4-1-0-1	4-2-1-1	7-2-0-1	W5
Philadelphia	15	8	4	2	1	59	46	19	4-3-1-1	4-1-1-0	4-4-1-1	L1
Buffalo	14	9	5	0	0	42	33	18	4-4-0-0	5-1-0-0	6-4-0-0	W3
Tampa Bay	15	8	5	0	2	46	47	18	5-1-0-0	3-4-0-2	7-3-0-0	W3
Florida	14	7	4	0	3	39	37	17	2-1-0-3	5-3-0-0	4-3-0-3	W1
New Jersey	13	7	5	0	1	40	31	15	4-2-0-1	3-3-0-0	5-3-0-1	W3
Ottawa	16	7	8	0	1	47	58	15	5-4-0-1	2-4-0-0	6-3-0-1	L4
Winnipeg	15	5	7	2	1	40	51	13	2-2-0-0	3-5-2-1	4-4-2-0	L3
Carolina	15	5	7	2	1	37	50	13	3-3-0-1	2-4-2-0	3-5-1-1	L3
Boston	13	6	7	0	0	40	30	12	4-5-0-0	2-2-0-0	5-5-0-0	W3
Montreal	14	5	7	1	1	35	39	12	2-4-1-1	3-3-0-0	4-5-1-0	L2
NY Islanders	12	4	6	1	1	25	35	10	4-3-1-0	0-3-0-1	3-5-1-1	L1

## WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Dallas	14	11	3	0	0	45	33	22	6-1-0-0	5-2-0-0	8-2-0-0	W4
d-Edmonton	14	9	3	0	2	33	23	20	5-1-0-1	4-2-0-1	7-2-0-1	W1
d-Chicago	15	8	4	1	2	46	45	19	5-1-0-2	3-3-1-0	5-3-1-1	L3
Minnesota	14	8	3	2	1	33	26	19	5-2-1-0	3-1-1-1	6-2-2-0	W5
San Jose	13	8	4	1	0	41	35	17	3-2-1-0	5-2-0-0	7-2-1-0	W1
Los Angeles	15	7	5	1	2	34	35	17	4-3-0-1	3-2-1-1	4-4-1-1	W1
Phoenix	13	7	4	0	2	38	36	16	4-3-0-1	3-1-0-1	6-3-0-1	W1
Nashville	14	7	5	1	1	38	38	16	2-2-0-1	5-3-1-0	5-4-1-0	L1
Detroit	13	7	5	1	0	34	31	15	5-2-1-0	2-3-0-0	4-5-1-0	W2
Colorado	15	7	7	1	0	42	47	15	1-5-0-0	6-2-1-0	3-6-1-0	L4
Vancouver	15	7	7	0	1	45	44	15	3-2-0-1	4-5-0-0	5-5-0-0	W1
St. Louis	14	7	7	0	0	35	34	14	4-1-0-0	3-6-0-0	5-5-0-0	W1
Calgary	14	6	7	1	0	30	35	13	3-4-1-0	3-3-0-0	4-5-1-0	L1
Anaheim	14	5	6	1	2	27	41	13	3-2-0-0	2-4-1-2	2-5-1-2	L5
Columbus	14	2	11	0	1	31	53	5	2-4-0-1	0-7-0-0	2-8-0-0	L2

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

## Last night's results

N.Y. Rangers 3 Ottawa 2  
Tampa Bay 2 Philadelphia 1 (OT)  
Nashville at Anaheim

## Tuesday's results

Edmonton 3 Montreal 1  
Buffalo 6 Winnipeg 5 (OT)  
Florida 5 Toronto 1  
Minnesota 3 Calgary 0  
Dallas 5 Washington 2  
Detroit 5 Colorado 2  
New Jersey 3 Carolina 2  
Los Angeles 4 Nashville 3  
St. Louis 3 Chicago 0  
**Tonight's games**  
Edmonton at Boston, 7 p.m.  
Chicago at Columbus, 7 p.m.  
Toronto at St. Louis, 8 p.m.  
Florida at Winnipeg, 8:30 p.m.  
N.Y. Islanders at Colorado, 9 p.m.  
Montreal at Phoenix, 9 p.m.  
Vancouver at Los Angeles, 10:30 p.m.  
Minnesota at San Jose, 10:30 p.m.

## Tomorrow's games

Washington at New Jersey, 7 p.m.  
Carolina at N.Y. Rangers, 7 p.m.  
Dallas at Pittsburgh, 7 p.m.  
Ottawa at Buffalo, 7:30 p.m.  
Edmonton at Detroit, 7:30 p.m.  
Calgary at Chicago, 8:30 p.m.  
Vancouver at Anaheim, 10:35 p.m. (changed from 10 p.m.)  
**Saturday's games**  
Ottawa at Toronto, 7 p.m.  
Buffalo at Boston, 7 p.m.  
New Jersey at Washington, 7 p.m.  
Pittsburgh at Carolina, 7 p.m.  
Dallas at Detroit, 7 p.m.

Winnipeg at Columbus, 7 p.m.  
Montreal at Nashville, 7 p.m.  
Tampa Bay at St. Louis, 8 p.m.  
Calgary at Colorado, 10 p.m.  
Minnesota at Los Angeles, 10:30 p.m.  
Phoenix at San Jose, 10:30 p.m.  
**Sunday's games**  
Philadelphia at Florida, 5 p.m.  
Edmonton at Chicago, 1 p.m.  
Minnesota at Anaheim, 8 p.m.  
N.Y. Islanders at Vancouver, 9 p.m.  
**Monday's games**  
Philadelphia at Carolina, 7 p.m.  
Buffalo at Montreal, 7:30 p.m.  
Tampa Bay at Winnipeg, 8:30 p.m.

## RANGERS 3, SENATORS 2

## First Period

No Scoring.

**Penalties** — Avery NYR, Konopka Ott (fighting) 2:50.

## Second Period

1. Ottawa, Michalek 10 (Spezza, Karlsson) 8:39  
2. N.Y. Rangers, Gaborik 8 (Stepan) 9:21  
3. N.Y. Rangers, Stepan 3 (Anisimov) 11:38  
**Penalties** — Deveaux NYR, Cowan Ott (fighting) 13:16, Dubinsky NYR (kneeing) 14:35, Greening Ott (interference) 15:00.

## Third Period

4. N.Y. Rangers, Gaborik 9 (Stepan, Anisimov) 8:30  
5. Ottawa, Foligno 4 (Da Costa, Butler) 9:48  
**Penalty** — Eminger NYR (kneeing) 1:59.

## Shots

N.Y. Rangers 4 7 8 —19  
Ottawa 10 11 10 —31

**Goal** — N.Y. Rangers: Lundqvist (W,5-3-3); Ot-

tawa: Anderson (L,6-5-1).

**Power plays (goals-chances)** — N.Y. Rangers: 0-1; Ottawa: 0-2.

**Referees** — Paul Devorski, Ghislain Hebert.  
**Linesmen** — Pierre Champoux, Derek Nansen.

**Attendance** — 19,543 (19,153) at Ottawa.

## LIGHTNING 2, FLYERS 1 (OT)

## First Period

No Scoring.

**Penalties** — Lecavalier TB (tripping) 6:15, Hartnell Pha (hooking) 6:45, Carle Pha (boarding) 9:28.

## Second Period

1. Philadelphia, Hartnell 6 (Voracek, Timonen) 9:34 (pp)

**Penalties** — Thompson TB (high-sticking) 1:03, Brewer TB (interference) 3:24, Kubina TB (tripping) 9:17, Pronger Pha (slashing) 15:01, Pronger Pha (high-sticking) 17:27, Roloson TB (delay of game; served by St) 19:51.

## Third Period

2. Tampa Bay, Bergeron 3 (Stamkos, Lecavalier) 7:41 (pp)

**Penalties** — Coburn Pha, Downie TB (fighting) 3:09, Voracek Pha (tripping) 6:17, Timonen Pha (interference) 13:17, Hartnell Pha (kneeing) 16:05.

## Overtime

3. Tampa Bay, Connolly 3 (Moore, Kubina) 2:30

**Penalties** — None.

## Shots

Philadelphia 6 4 4 1—15  
Tampa Bay 7 6 9 2—24

**Goal** — Philadelphia: Bryzgalov (L,6-4-2); Tampa Bay: Roloson (W,5-3-1). **Power plays (goals-chances)** — Philadelphia: 1-5; Tampa Bay: 1-7.

**Referees** — Rob Martell, Chris Rooney.

**Linesmen** — Tim Nowak, Pierre Racicot.

**Att.** — 19,204 (19,204) at Tampa, Fla.

## SCORING LEADERS

	G	A	PT
Kessel, Tor	11	11	22
Giroux, Pha	9	10	19
Backstrom, Wash	5	14	19
Vanek, Buf	10	8	18
Kopitar, Luf	8	10	18
Pominville, Buf	6	12	18
D.Sedin, Vcr	6	12	18
Benn, Dal	5	13	18
H.Sedin, Vcr	5	13	18
Pavelski, SJ	9	8	17
Lupul, Tor	8	9	17
Eriksson, Dal	8	8	16
Stamkos, TB	10	5	15
Jagr, Pha	6	9	15
Spezza, Ott	6	9	15
P.Kane, Chi	4	11	15
Edler, Vcr	3	12	15
M.Bergeron, TB	2	13	15
Michalek, Ott	9	5	14
Neal, Pgh	9	5	14
Smyth, Edm	7	7	14
Skinner, Car	6	8	14
Ra.Whitney, Phx	6	8	14
Legwand, Nash	5	9	14
Selanne, Ana	5	9	14
St. Louis, TB	3	11	14
Franzen, Det	8	5	13
Tavares, NYI	8	5	13
Gaborik, NYR	7	6	13
Ma.Hossa, Chi	7	6	13
Lucic, Bos	7	6	13
Elias, NJ	6	7	13
Ovechkin, Wash	6	7	13

**Not including last night's games**

## HOCKEY

## CHL/RUSSIA SUPER SERIES

## All Times Eastern

	GP	W	LSOL	GF	GA	Pt
Russia	2	2	0	0	7	4
QM/JHL	2	0	1	1	4	7
OHL	0	0	0	0	0	0
WHL	0	0	0	0	0	0

## Last night's result

At Quebec City

Russia 5 QMJHL 4 (SO)

## Tonight's game

At Ottawa

Russia vs. OHL, 7 p.m.

**Monday, Nov. 14**

**At Sault Ste. Marie, Ont.**

Russia vs. OHL, 7 p.m.

**Wednesday, Nov. 16**

**At Regina**

Russia vs. WHL, 8 p.m.

**Thursday, Nov. 17**

**At Moose Jaw, Sask.**

Russia vs. WHL, 8 p.m.

## IIHF 2011 WORLD JUNIOR A CHALLENGE

At Langley, B.C.

## PRELIMINARY ROUND

## GROUP A

	GP	W	OTW	OTL	L	GF	GA	Pt
Sweden	2	2	0	0	0	3	0	6
U.S.	1	0	0	0	1	0	1	0
Canada West	1	0	0	0	1	0	2	0

## GROUP B

	GP	W	OTW	OTL	L	GF	GA	Pt
Canada East	1	1	0	0	0	5	0	3
Czech Republic	2	1	0	0	1	4	8	3
Russia	1	0	0	0	1	3	4	0

**Note:** Three points for a regulation win, two for an overtime win and one for an overtime loss.

## Last night's results

**All Times Eastern**

Russia vs. Canada East

Canada West vs. U.S.

## Tuesday's results

Sweden 2 Canada West 0

Czech Republic 4 Russia 3

## Tonight's games

**Quarter-finals**

QF1 — Second A vs. Third B, 7 p.m.

QF2 — Second B vs. Third A, 10:30 p.m.

## WOMEN'S FOUR NATIONS

At Nykoping, Sweden

## PRELIMINARY ROUND

## All Times Eastern

**Yesterday's results**

Canada 5 Finland 0

U.S. 8 Sweden 0

## Today's games

Canada vs. U.S., 8:30 a.m.

Sweden vs. Finland, 1 p.m.

## Saturday's games

Finland vs. U.S., 6:30 a.m.

Sweden vs. Canada, 10 a.m.

## Sunday's games

## BRONZE MEDAL

Third vs. Fourth Places, 5:30 a.m.

## GOLD MEDAL

First vs. Second Places, 9 a.m.

## NFL

## WEEK NINE

## AMERICAN CONFERENCE

## EAST

	W	L	T	Pct	PF	PA
New England	5	3	0	.625	222	184
N.Y. Jets	5	3	0	.625	199	163
Buffalo	5	3	0	.625	222	174
Miami	1	7	0	.125	138	169

## SOUTH

	W	L	T	Pct	PF	PA
Houston	6	3	0	.667	236	157
Tennessee	4	4	0	.500	156	169
Jacksonville	2	6	0	.250	98	163
Indianapolis	0	9	0	.000	128	283

## NORTH

	W	L	T	Pct	PF	PA
Baltimore	6	2	0	.750	208	130
Cincinnati	6	2	0	.750	195	140
Pittsburgh	6	3	0	.667	196	162
Cleveland	3	5	0	.375	119	170

## WEST

	W	L	T	Pct	PF	PA
Kansas City	4	4	0	.500	131	201
San Diego	4	4	0	.500	199	204
Oakland	4	4	0	.500	184	216
Denver	3	5	0	.375	171	224

## NATIONAL CONFERENCE

## EAST

	W	L	T	Pct	PF	PA
N.Y. Giants	6	2	0	.750	198	184
Dallas	4	4	0	.500	179	175
Philadelphia	3	5	0	.375	203	182
Washington	3	5	0	.375	127	158

## SOUTH

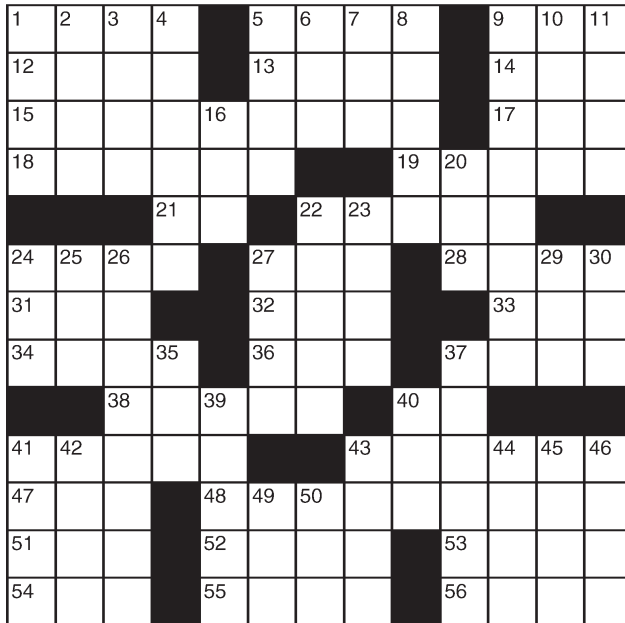
## Crossword

## Across

1 Hardly hirsute  
5 Teeny bit  
9 Frat-party item  
12 Reed instrument  
13 Unembellished  
14 A Gabor sister  
15 Prop in a Gidget movie  
17 Shrill bark  
18 Takes the helm  
19 Saunter  
21 Opposite of 30-Down  
22 Crooner Iglesias  
24 Not barefoot  
27 Anderson's "High —"  
28 Frilly  
31 Debtor's letters  
32 Towel designation  
33 Fish eggs  
34 Legend  
36 "Characters Wel-come" network  
37 Probability  
38 Pop  
40 Hairstyle  
41 Boston newspaper  
43 Plant of the mint family  
47 Grazing area  
48 Pub target  
51 Listener  
52 Notion  
53 Pleased  
54 Conclusion  
55 Under the influence  
56 Longings

## Down

1 Employer  
2 Touch

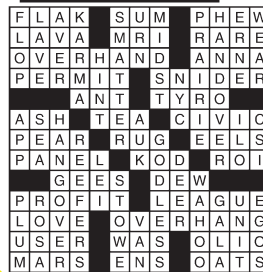


3 Traditional tales  
4 Protect  
5 Biblical prophet  
6 Afternoon social  
7 Bobby of hockey  
8 Hero's reward  
9 QWERTY, for one  
10 Satanic  
11 Stare stupidly  
16 Chum  
20 Wire measure  
22 Beam supporting a ceiling  
23 — Major  
24 Alastair who played Scrooge

25 Today, in Tijuana  
26 Motorboat feature  
27 So  
29 Massachusetts cape  
30 Opposite of 21-Across  
35 Center  
37 Study of eggs  
39 Made over  
40 Slight touch  
41 Jane Lynch's show  
42 Tilt  
43 Remain  
44 Crooner Jerry  
45 Persia, now

46 Tosses in  
49 Big bother  
50 Agt.

## Yesterday's answer



For today's crossword answers and for expanded horoscopes, go to [metronews.ca](http://metronews.ca)

## Today's horoscope

**♈ Aries** March 21-April 20 A clash over money is likely today but it can be quite easily resolved.

**♉ Taurus** April 21-May 21 No matter what others might have said or done in recent weeks, you must forgive, forget and move on.

**♊ Gemini** May 22-June 21 Today's full moon may lead to a few moments of doubt but tomorrow your confidence will soar.

**♋ Cancer** June 22-July 22 Do something people will remember you for long after you are gone. Just make sure it is something they remember you for with a smile.

**♌ Leo** July 23-Aug. 23 You are going to have to face and overcome a major obstacle. Look at it from a positive perspective.

**♍ Virgo** Aug. 24-Sept. 22 Don't take anything you see or hear at face value today because the full moon has a tendency to warp.

**♎ Libra** Sept. 23-Oct. 23 With today's full moon cutting across the money axis of your chart, someone may try to cheat you.

**♏ Scorpio** Oct. 24-Nov. 22 You'd be wise to take people's views into account before you do things that may change their lives.

**♐ Sagittarius** Nov. 23-Dec. 21

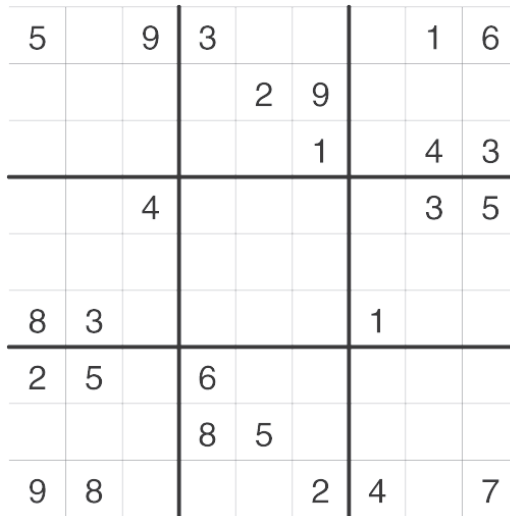
The full moon is playing havoc with your emotions. By this time tomorrow you'll be back to normal.

**♑ Capricorn** Dec. 22-Jan. 20 Certain facts and figures don't add up and you're starting to wonder if someone has been misleading you.

**♒ Aquarius** Jan. 21-Feb. 18 You are intensely ambitious but if you come on too strong, authority figures may turn against you.

**♓ Pisces** Feb. 19-March 20. If you pick a fight today, it is you who will come out of it the worse for wear. **SALLY BROMPTON**

## Sudoku



## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

## Yesterday's answer

2	8	9	4	3	6	5	1	7
1	3	4	7	9	5	2	6	8
7	5	6	2	8	1	4	3	9
3	4	7	5	6	9	1	8	2
6	2	5	1	7	8	9	4	3
9	1	8	3	4	2	7	5	6
8	6	2	9	5	4	3	7	1
4	9	3	8	1	7	6	2	5
5	7	1	6	2	3	8	9	4

## A look at the weather

**TODAY**  
Min -2°  
Max 10°

**FRIDAY**  
Min 6°  
Max 7°

**SATURDAY**  
Min -10°  
Max -1°

**Andrew Schultz, Meteorologist**

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta." WEEKDAYS 5:30AM



## Caption contest



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